

# The BE KIND & DO GOOD Advent Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	<b>1</b> <i>Pick up some litter in your community</i>	<b>2</b> <b>What can you do to help someone at school today?</b>	<b>3</b> Vacuum or sweep the floor to help at home	<b>4</b> <i>Smile at everyone you see today</i>	<b>5</b> <b>Donate your old toys / clothes to charity</b>	<b>6</b> <i>Bake cookies for a neighbour, yum!</i>
<b>7</b> <b>Give compliments to all your friends</b>	<b>8</b> <b>Make a home-made gift for your parents</b>	<b>9</b> Let someone go in front of you	<b>10</b> <b>Write a thank-you note to someone who helps you learn.</b>	<b>11</b> <i>Clean or tidy an area in your house</i>	<b>12</b> <b>Send a message / card to someone special</b>	<b>13</b> <b>Help to make lunch or dinner</b>
<b>14</b> <b>Give someone you love a tight hug</b>	<b>15</b> <b>Make / write a Christmas card for a nursing home.</b>	<b>16</b> <i>Write down 5 things you are grateful for</i>	<b>17</b> <b>Tell a funny joke to someone</b>	<b>18</b> Write / Draw something cheerful on the pavement with coloured chalk	<b>19</b> <b>Donate food to the local food bank</b>	<b>20</b> <b>Arrange a fun quiz over Zoom with family / friends</b>
<b>21</b> <i>Write / Draw something cheerful on the pavement with coloured chalk</i>	<b>22</b> <b>Arrange a Zoom dance party!</b>	<b>23</b> <b>Clean your bedroom! Santa likes a clean room</b>	<b>24</b> Make sure you use your best manners all day	<b>25</b> 		