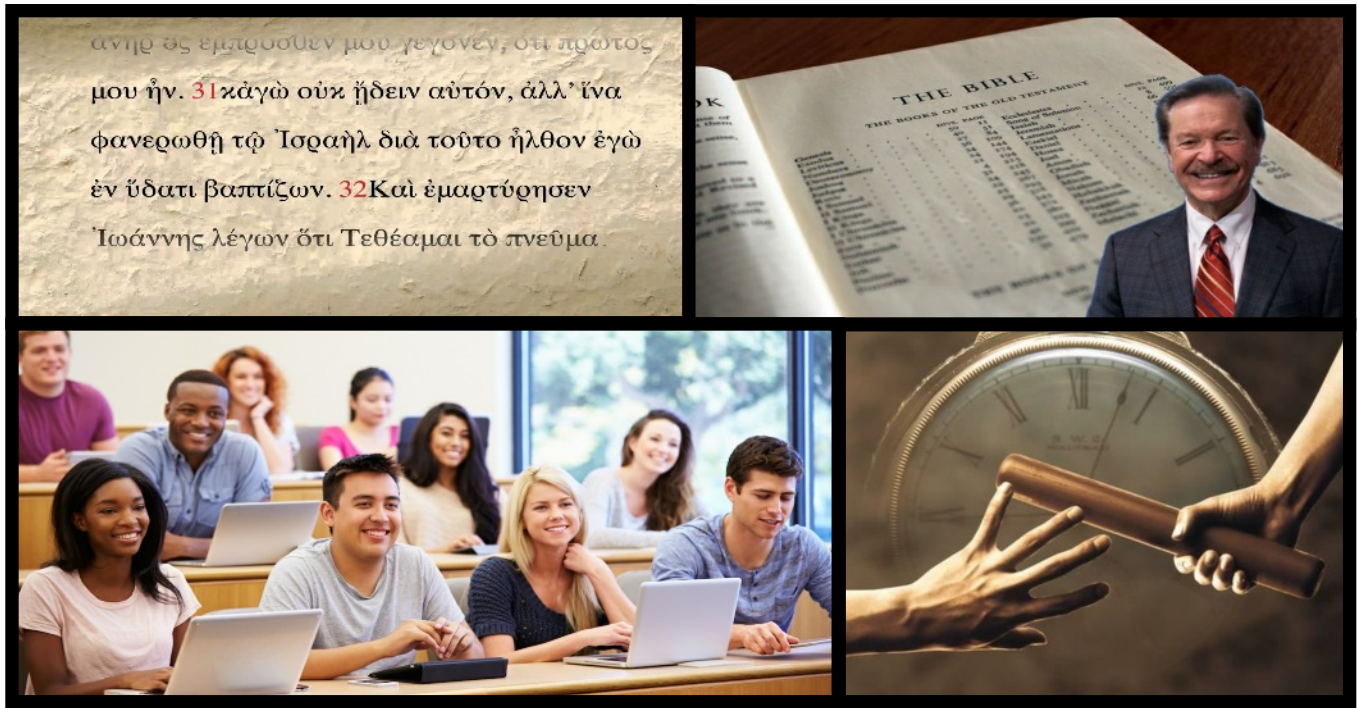


# EMBASSY COLLEGE



## SYLLABUS AND STUDY GUIDE You Can Be Emotionally Healed CC660

**Dr. Morris Sheats**

# **BICC250: YOU CAN BE EMOTIONALLY HEALED**

**DR. MORRIS SHEATS**

**Textbook for the Course:**  
***You Can Be Emotionally Healed***  
**by Dr. Morris Sheats**

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# **You Can Be Emotionally Healed**

Morris Sheats, D.Min.

Course Orientation and Introduction

## **I. Course Description**

This is a study of the power of God to heal. It is a study for all who desire peace. It teaches that peace begins inside—it is not external. This study uses biblical principles to show one how to acquaint oneself with God; to find freedom from guilt as He heals, resulting in a deep and abiding peace.

## **II. Course Objectives**

Following the course, the student will be able to:

- A. Understand and appreciate God's power to bring emotional healing;**
- B. Understand and explain critical and valuable theological issues, as they are presented by the problem, of the need for emotional healing;**
- C. Evaluate the factors in our lives and determine which are either constructive or destructive to our emotional health;**
- D. Apply this extremely relevant and practical knowledge to the student's own Christian life and faith.**

## **III. Suggested Tools of Study**

- A. The Holy Bible - King James Version**
- B. One other version of the student's choosing**
- C. This syllabus/study guide**
- D. Textbook**

Sheats, Morris, *You Can Be Emotionally Healed*, Columbus: Christian Life Publications, 1996.

## **IV. Course Bibliography**

Lettauwer, Fred and Florence Lettauwer. *Freeing Your Mind from Memories that Bind*. Nelson.

Linn, Dennis and Matthew Linn. *Healing of the Memories*. Paulist Press.

Linn and Fabricant. *Healing the Eight Stages of Life*. Paulist Press.

Mann, Gerald. *When the Bad Times are Over for Good*. McCracken Press.

Manning, Brennan. *Abba's Child*. NavPress.

Manning, Brennan. *A Stranger to Self-Hatred*. Dimension Books.

Minirth-Meir. *Worry-Free Living*. Nelson.

Nouwen, Henri J. *The Wounded Healer*. Doubleday.

Seamands, David. *Healing for Damaged Emotions*. Victor Books.

Stapleton, Ruth Carter. *The Experience of Inner Healing*. Word.

## **V. Suggested Study Habits**

- A. Read the textbook prayerfully before the course begins.**
- B. Re-read the sections each night as they are covered in class.**
- C. Read and become familiar with this syllabus/study guide.**
- D. DO NOT miss a single class session.**
- E. Take many notes.**

## **VI. Course Evaluation**

- A. Attendance at all lectures is required.**
- B. A final examination will be administered by the director or administrator. They will inform you as to when this is due.**

## **VII. Classroom Methodology**

- A. Lecture with appropriate class discussion**

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## **Introduction**

### **Wholeness and Healing**

#### **I. God wants us to be whole.**

**A. Acquaint yourself with God.**

**B. Peace begins inside.**

#### **II. He heals your memories.**

**A. God brings good to His children.**

**B. Why do you have setbacks?**

**C. God's goodness is present.**

#### **III. God heals wounded hearts.**

**A. “Lay up His words in thine heart.”**

**B. God enables you to live through that broken dream.**

**IV. You can dream again.**

**A. God wants to build you up.**

**B. Be liberated from the hidden child.**

**V. God can heal the child within.**

**VI. Turn your finances over to God.**

**A. God brings great freedom.**

**B. He will be your strength and defense.**

**VII. React positively.**

**A. Delight in God.**

**B. Do not be frustrated or defeated.**

**VIII. God turns sorrows into joy.**

**A. God gives us answers.**

**B. Accept His answers.**

**IX. Times of suffering will come.**



- A. We know who to believe in.**
  - B. Have confidence in God's Word.**
- X. The enemy of your soul is fear.**
  - A. God's Word will give you confidence.**
  - B. God can maneuver you through life.**
  - C. Walk in the abundant light of God.**
- XI. The sin of comparison IS a sin.**
  - A. We live in a cast down age.**
  - B. God lifts you up.**

- C. God wants you covered.**
- XII. God can equalize pressure.**
- XIII. Humble yourself before God.**
- XIV. Continually re-evaluate your priorities.**

# **The Healing of the Memories**

Freedom from Inner Torment

## **I. God is the kind of God you can love.**

**A. Know what God wants for you.**

**B. God wants to free you from condemnation.**

## **II. The memory**

**A. Understand the memory inside you.**

**B. Seek God and be healed.**

1. Jesus Christ transcends all time.

2. There is a child within you which needs to be healed.

a) Do not offend children.