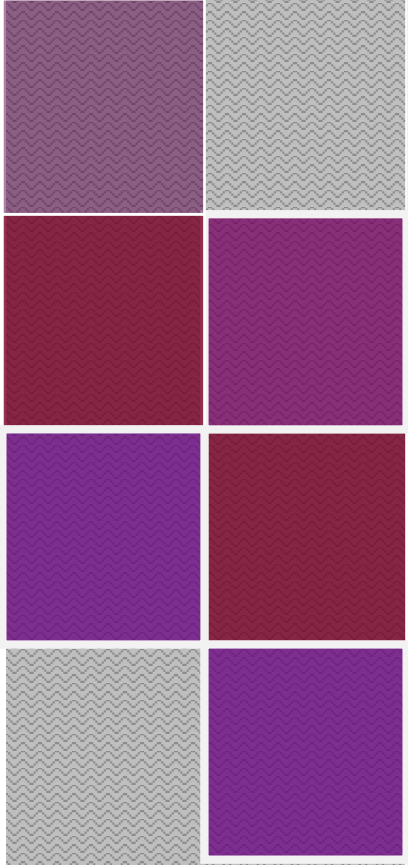




Streaming DVD

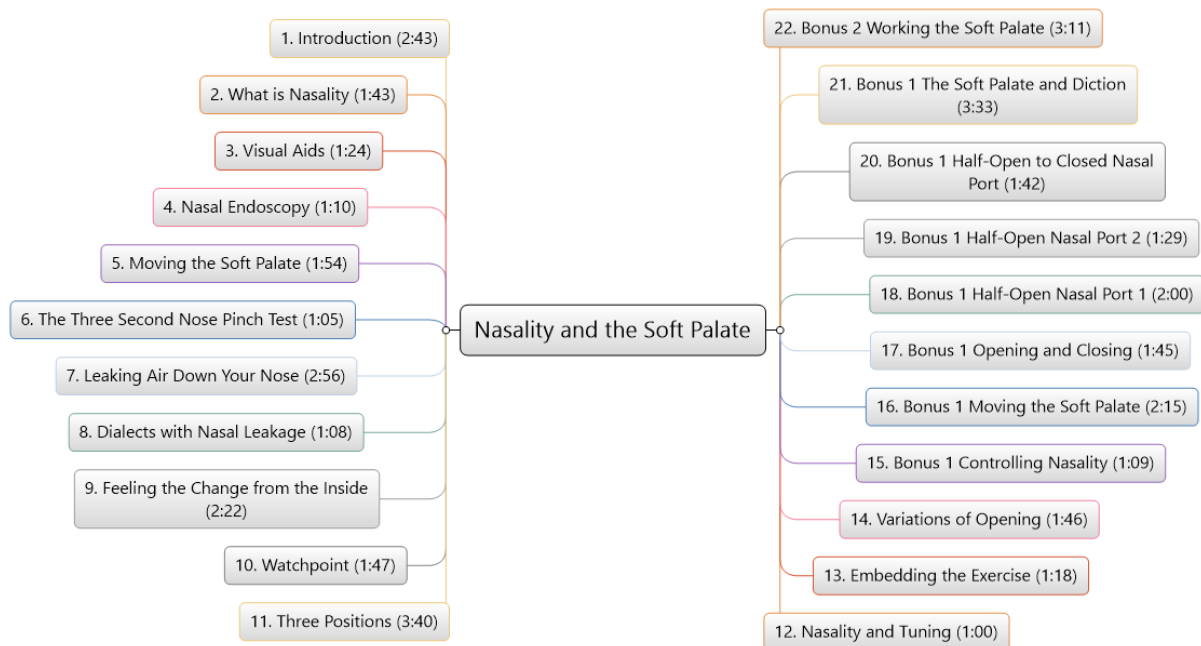
# Nasality and the Soft Palate: The Techniques





# Vocal Process Streaming DVD

## NASALITY AND THE SOFT PALATE



### Here are some myths about the soft palate:

"Contemporary musical theatre singing is always nasal"

"The soft palate is always raised when you sing"

"The soft palate lifts automatically when you breathe in"

"You can't control the soft palate"

"You get a brighter tone if you sing into your nose"

"The jaw, tongue and soft palate work together"

### These myths are now busted!



## **THIS STREAMING VIDEO WILL TEACH YOU:**

1. what causes nasality
2. why you sometimes need nasality, and when you don't
3. the 3-second, foolproof test for nasality
4. finding the doorway into the nose
5. whether the door should be open, closed or ajar
6. how to monitor your practice from the outside
7. why your soft palate is so important
8. how to find and control your soft palate
9. why what you feel isn't necessarily what is happening
10. the difference between singing with "a cold in your nose", and singing "down your nose"
11. whether you should feel anything in your nose when you sing or speak
12. how to check if you're doing it right
13. when sounding nasal is a good thing
14. finding and controlling more resonance
15. how to maximise the resonating cavity of the mouth
16. why the soft palate can affect your tuning
17. when doing it "wrong" can be right
18. how to isolate your soft palate from your tongue and your jaw
19. which exercises to do - and the most common mistake that people make
20. why controlling the soft palate can help with good diction
21. the three special sounds in the English language
22. why not all accents and dialects are the same

This streaming video is packed with tips for teaching the techniques to your own students and clients, including using hand signs for clarity and isolation exercises to release excess tension.

Filmed as part of the Singing and the Actor Training intensive seminar, you will see Jeremy and Gillyanne take the group step by step through identifying nasality, finding the soft palate, and gaining voluntary control of this doorway between the nose and mouth.

