

Exercise 1

Identity and Intentionality in missional culture formation

	Steam powered (and easily run out of steam for mission) or...		Solar (Son) powered (my passion and desire is renewed by what I do missionally)	
1	Do I tend to feel driven to make things happen or...		Do I feel confident and peaceful going about my daily business being led by the Holy Spirit?	
2	Do I tend to do things out of a desire to please others or...		Does the desire to primarily please God help me be less bothered by the opinion of others?	
3	Does the need to succeed leave me anxious about things I attempt to do or...		Am I relatively un-phased by failure, able to see it as a learning experience?	
4	Does it bother me when I don't feel in control of my immediate environment or ...		Am I able to trust God when the situation feels a little out of control?	
5	Can fear tend to stop me doing things or...		Am I usually optimistic about how things will eventually turn out?	
6	Do I often feel too busy or slightly overwhelmed by what I need to do or...		Do I have sustainable rhythms of life and a healthy work life balance?	
7	Does life seem to be full of 'should, ought and must' or...		Is my love for Jesus the thing that motivates me to make sacrifices and take tough decisions?	
8	Does being missional require a huge amount of energy and determination from me such that I easily run out of steam for it or...		Am I more likely to live instinctively as a missionary in my every day life, being renewed in my energy by doing so?	
9	Do I look for ways to avoid the embarrassment of doing missional stuff or...		Is it something that energises me because of the pleasure it brings?	
10	Is mission a compartment in my life that I box off most of the time or...		Is it more likely to be the organising principle for how I do life, affecting both my priorities and relationships?	
11	Is missional activity something that happens randomly and by chance, or...		Am I intentional about the opportunities when meeting new people, or in conversations with not-yet Christians I already know	
12	Am I like a PC with lots of bolt on additions, upgrades and external security or...		Or am I more like an Apple product with integrated design, functionality and security?	
	Total		Total	

Share your findings with your team and discuss the implications of your results