



SIDE DISHES- POTATOES, GRAINS & SEEDS CONTENTS

Potatoes are everyone's favorite!

In this course, you learn how to cook all the classics and some new favorites!



INTRODUCTION- Potato History

Chefs Eye View Video Content with PDF recipes

Section One- Potatoes for every occasion

1. Potato Chips
2. Roast Potatoes
3. Potato Gratin
4. Potato Patties
5. Potato Pancakes
6. Crushed Potatoes (FREE PREVIEW)
7. Scalloped Potatoes
8. Mashed Potatoes
9. Potato Fondant
10. Mashed Potato made easy
11. Mashed Potato - intermediate level
12. Mashed Potato for the advanced cook

Section Two- Grains & Seeds

13. How to Cook Quinoa
14. Buckwheat Kasha
15. How to Cook Brown Rice
16. How to Cook White Rice

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