



## Chapters 5 & 6

### **Attract Abundance**

*P. 99 When you need money, it is a powerful feeling within you, and so of course through the law of attraction you will continue to attract NEEDING money. NOT ACTUALLY getting it.*

*P.102 Most people have a goal of getting out of debt. That will keep you in debt forever. Whatever you're thinking about, you will attract. You say, "But it's get out of debt." I don't care if it's get out or get in., if you're thinking debt, you're attracting debt. Set up an automatic debt repayment program and then start to focus on prosperity.*

**I'll be honest, it has been a challenge for me to alter how I view and talk about money. As I began taking a step back and observing my verbiage and actions around the topic of money, I am embarrassed to say I realized I almost enjoyed connecting with others on how: *'there is never enough', 'the kids think I'm made of money', 'they have no concept how hard we work for it.'* It felt like I was in a club - I connected and was accepted for being as 'hard up' as everyone else was. What I didn't realize was that as I was connecting with 'my club' I was also keeping the very thing I wanted out of my life: money. By focusing on the fact that I didn't have enough, speaking on it constantly and sharing it with others who felt the same, I continued the pattern. The Universe was bringing me EXACTLY what I spoke about - lack of money. It wasn't until I started focusing on my abundance, that life started to change.**

*P. 100 The shortcut to anything you want in your life is to BE and FEEL happy now! It is the fastest way to bring money and anything else you want into your life. Focus on radiating out into the Universe those feelings of joy and happiness. When you do that, you will attract back to you all things that bring you joy and happiness, which will not only include an*

*abundance of money, but everything else you are wanting. You must radiate out the signal to bring back what you want. As you radiate out those feelings of happiness, they will be sent back to you as the pictures and experiences of your life. The law of attraction is reflection back your innermost thoughts and feelings as your life.*

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## **Follow-up Activity**

### **Wednesday: I am statements**

Write "I AM" multiple times down the page. Then go back in and fill in (at least 5 of them...10 is better).

Write what you want - but as if you **already have it**. This is a perfect activity to do on a break at lunch, in the morning or even right before bed. Be sure to include some "I am abundant" types of phrases. Use the LOA today! 💖