



TRUE HEART *for* DATING CATHOLICS

*Deepen Your Faith
&
Discern Your Vocation*

Questions for Dating Catholics for TRUE HEART

The reflection question on this page are adaptations of the questions we had recently married Catholics respond to in the videos for each Week of TRUE HEART. Why not take one or two of these reflections questions each week as a point of discussion when you gather with the person you are dating.

Do no more than two a week as they are complex questions that deserve time for discussion. You can pick them in any order you choose. We know you will be blessed by the discussion and mutual reflections.

Why not download these two pages so you have it with you at the course's commencement. Discern with each other which question(s) to cover each week. Not all the questions need to be covered in the ten weeks of TRUE HEART. Trust your hearts, the Holy Spirit will lead and guide you.

POSSIBLE PROCESS FOR REFLECTION

1. Take five minutes to slow down and hold the question in your heart.
2. Each of you speak---one at a time---so each has the floor to complete a full initial comment/reflection.
3. When you have both reflected, each take time again, with no interruptions, to give a thought based on what you heard.
4. Spend the last part of your reflection time, discussing with each other what you learned.

TRUE HEART For Dating Catholics

Reflection Questions

- ✘ What Does Your Dating Pattern Look Like?
- ✘ How is Faith Practice a Part of Your Dating Routine?
- ✘ How you Discussed your Living Situation while Dating?
- ✘ How Do Financial Matters Impact Your Current and Future Plans?
- ✘ Do Either of You Have a Fear of Commitment and if Yes, Explain?
- ✘ Explain How Loneliness May Have Affected You Before You Met Each Other and During Dating.
- ✘ Explain Your Discernment Process with Your Dating Partner on Determining how you Find Clarity in Major Decisions
- ✘ Have you Spoken about Your Family Background and the Blessings/Challenges of your birth family?
- ✘ Explain How Social Media Usage Impacts Your Time Dating
- ✘ Do You Talk About Having Children? What is the Context?
- ✘ Does Self-Confidence Affect Positively or Negatively your relationship with the Person you are Dating? Explain to them.
- ✘ What Does Joy Look Like in Your Dating Relationship?
- ✘ Do you have Sexual Wounds that Need to be healed? Is this Something You can Discuss with the Person You are Dating?
- ✘ Share An Example of How the Person you are Dating Shows You Kindness?
- ✘ Are there Any Fundamental Values or Faith Traditions that need to be Resolved Prior to your Discernment on Moving Forward? If seemingly non-resolvable, how do you live in the tension?