



Brain and Behaviour in Organisations

**MASTER
MENTOR**



IDEAS FOR LEADERS
CHANGING THE WAY WE THINK

Module Titles – Brain and Behaviour in Organisations

Module 1 – Introduction

- Welcome and Things to Look Out For
- Module 1 Part 1 – Neuroscience, Replicable Science and What is the Self? (*video & transcript*)
- Module 1 Part 2 – 21st Century Sustainable Organisation, and Brain as Master Controller (*video & transcript*)
- Module 1 Part 3 – Contracts, Emotional Systems and Thinking Systems (*video & transcript, Quiz, Suggested Reading*)

Module 2 – The Triune Brain & How It Works

- Module 2 Part 1 – The Triune Brain (*video & transcript*)
- Module 2 Part 2 – Limbic System, Emotion and Memory – the Bottom-Up Brain (*video & transcript*)
- Module 2 Part 3 – What kind of leader is worth following? and ‘the Connectome’ (*video & transcript, Module 1 quiz answers, Quiz, Suggested Reading*)

Module 3 – E-Motions: The Mechanisms of Directed Behaviour

- Module 3 Part 1 – Emotions and ‘Knowing Before We Know’ – London Protocol of Emotions (*video & transcript*)
- Module 3 Part 2 – Survival and Attachment Emotions (*video & transcript*)
- Module 3 Part 3 – Creating Conditions for Change (*video & transcript, Module 2 quiz answers, Quiz, Suggested Reading*)

Module 4 – Who’s in Charge Around Here?

- Module 4 Part 1 – Where Decisions Are Made (*video & transcript*)
- Module 4 Part 2 – Different Kinds of Knowing and Intelligent Emotions (*video & transcript*)
- Module 4 Part 3 – Tuning-In and Male-Brain Organisations (*video & transcript, Module 3 quiz answers, Quiz, Suggested Reading*)

Module 5 – Getting It Right and Getting It Wrong in Organisations

- Module 5 Part 1 – Regulation, Control and Self-regulation (*video & transcript*)
- Module 5 Part 2 – Yerkes-Dodson Law, Pressure and Performance (*video & transcript*)
- Module 5 Part 3 – Creating Conditions to Self-regulate (*video & transcript, Module 4 quiz answers, Quiz, Suggested Reading*)

Module 6 – Being Attached, Belonging and Customer Satisfaction

- Module 6 Part 1 – The Limbic Leader 1 – 5 Qualities of (*video & transcript*)
- Module 6 Part 2 – The Limbic Leader 2 – Connection (*video & transcript*)
- Module 6 Part 3 – The Limbic Leader 3 – Trust (*video & transcript, Module 5 quiz answers, Quiz, Suggested Reading*)

Module 7 – Brains at Work, Male and Female and Being ‘Me’

- Module 7 Part 1 – Enjoyment of Being Me (*video & transcript*)
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- Module 7 Part 2 – Male and Female Brains and the Thinking Environment (*video & transcript*)
- Module 7 Part 3 – ‘I love my job, I love going to work’ – Excitement and Trust at Work (*video & transcript, Module 6 quiz answers, Quiz, Male-Female Brain Type Test, Suggested Reading*)

Module 8 – The 21st Century Organisation: the End of Competitive Teams and Why Mistakes Always Start Out Being Right.

- Module 8 Part 1 – Variations of Experience and Tuning Brains (*video & transcript*)
- Module 8 Part 2 – Competitive Teams and Feminine Energy (*video & transcript*)
- Module 8 Part 3 – The Leader’s Task (*video & transcript, Module 7 quiz answers, Suggested Reading*)
- Module 8 Part 4 – Final Conclusion: Drawing It All Together (*video & transcript*)