

# Topic of SPORT

## Popular Sports

Sports in fashion

Sports everyone is into

Trendy sports

It's a fad

## Sport and Health Benefits

It's critical for our health

In danger of becoming couch potatoes

Avoid a sedentary lifestyle

Cardiovascular exercise

Strong and healthy heart

Have a heart attack

## Competitive Sport

Learn to be competitive

Society is full of competition

Collaboration is more beneficial than competition

## International Sports

Sport is a universal theme

Bring people together

Put politics aside

Encourage people to do sport

Promote an interest in sport

## Dangerous Sports

Extreme sports

Hazardous / full of risk

Minimise the risk

Follow safety procedures

Wear protective gear

Irresponsible actions

Put others at risk