

THE CLIMAX IN SPIRITUALITY  
IS TO TAKE YOUR SOUL OUT  
AND BRING IT BACK INTO THE BODY

*From the Teachings of Sri Kaleshwar*



The climax position, the final experience in spirituality, is when you leave and come back again to your body. You exit in. Right now, you're exited in—the heart is pumping, you're breathing—soham. That is called sthanpana. Why is it called sthanpana? Controlling on the air element. Then you stop (breathing), you leave your body. You are seeing your body with your consciousness. Finally, you are coming back into your body again. Once you do this, it's clear. That's the climax in spirituality.

Many, many examples of what the supernatural saints have done here in India. Like Shirdi Baba, Paramahansa, Ramana Maharshi. All these types of characters. Taking them as examples, what they demonstrated. Guru Ragavendra, just took jiva samadhi.

Mother Mary used the final yantra on Jesus, and how Jesus used the mechanism to come back. After he came back, what happened? Everybody thinks he disappeared to heaven with his physical body. I agree one part. Another part, I researched a little more depth. Certain things I discovered. Certain channels I studied. I don't want to change the belief system but I want to create the concept of the consciousness.

Some supernatural saints don't want to offer their body to this Earth, so they take their body with them. That's true. They take their body as a kind of preciousness. But 99.999% of the saints generally drop their body like a cobra skin and take their consciousness with them to continue helping millions of people.

Like Babaji, yes, he disappeared. And Tulsi Das, the great Indian saint, also disappeared. But Virabrahmendra, just sat and left from his body with his soul. Then they built a little wall around his body. Here in Penukonda, a little bit in the forest Guru Ragavendra's master. Generally, the saint sits, they make rocks around around them, they build a structure and close it. Then they leave with their soul.

If you know how you make your soul go out, again coming in, go out, coming in, then that's the final final climax stage. Then, no worry – whenever you want to go, just go.