#### Welcome!

Photorealistic painting has been such a healing process in my life. Come on a journey with me - to learn how to paint realistically with over 24 tutorials. Learn how to paint with oils, and immerse yourself in a number of helpful bonus courses too!

Explore your own stories through reflective exercises and journal about your own art - helping you connect with your creativity and experience healing. I'm so excited that you are here, and I'm looking forward to meeting you!





- What brushes to use
- Blending colours
- Using medium to make oil painting really easy
- Why oils are easier than acrylics!
- Everything you need to make amazing paintings.

Find out exactly what tools I use in my studio and what you might need to set up your own studio!

### 24 Painting Tutorials

# To help you achieve great results for different paintings!

- Images of rocks, water, animals and people
- Timelapse videos for each course
- Individual eBook per course with resource list, including exactly which brushes and paint colours to use
- Step-by-step tutorial video for each course
- Photos of the original painting & the backstory
- Journaling questions to guide your own reflections and help you get the most out of the journey for your mental health

**Painting** is **more** than just **brushes** and **canvas**...it's a **soul journey!** 

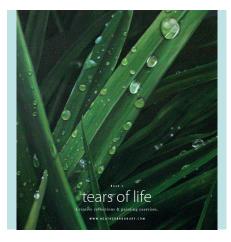
### **24 Mini Painting Tutorials**

Each course is a mini version of one of the larger paintings I have painted over the past 10 years. You get to paint 24 mini versions of my original paintings!

They follow an order. Number 1. 'Blessings' being the first painting I painted when I began my painting journey 10 years ago. Ending with the last course Number 24. 'Breathe' which I finished just a few months ago. Each course has downloadable gridded photo you can access straight away, with a list of all the brushes and paints you will need for each course Each course also has an eBook with stories about the original painting and how the subject helped me find healing at the time. The reflections in the books focus on the meaning behind each painting.

You can print out the books with space to write your own answers, taking you on your own healing creative journey.





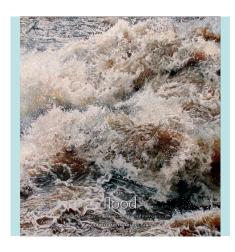


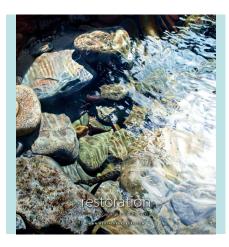


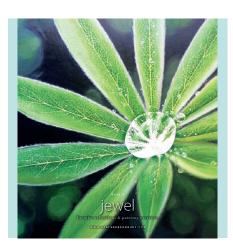


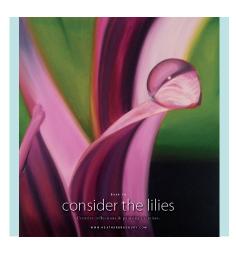


# **24 Mini Painting Tutorials**











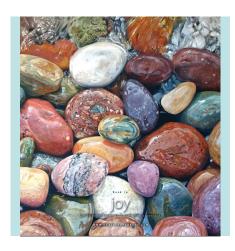






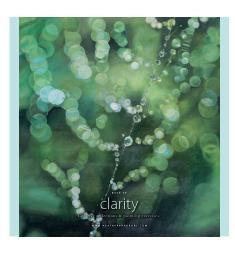


# **24 Mini Painting Tutorials**



















# BUT WAIT, THERE'S MORE!

#### **Three Incredible Bonus Courses!**

You can access these under the "Included Courses" Tab and the "Course Curriculum" tab on the left hand side of the course portal.





