

[Audio Length: 0:03:57]

RECORDING COMMENCES:

Guy Windsor:

Curtis has the dagger and if Curtis is striking in this area, anything coming towards my high left side, I can cover it with my extended left arm. This is the first master of the dagger. If I'm in armour and I get the same sort of attack, I can defend against it with my arms crossed. That's the second master. You can stick it out. If it's coming this side, this is the third master. My right arm is extended towards the attack. Let's have a look at that again. So the third master. If it's coming from above and I get both hands onto it, this is the fourth master. If he grabs me by the collar and threatens me with the dagger, this is the fifth master. If I have a dagger of my own and the weapon is coming from above, this is the sixth master. If I'm in armour and I cross my arms with a dagger and it's coming from above, this is the seventh master. If it's coming from below and I defend against it with or without a dagger, this is the eighth master and if it's coming from below and I get to the outside with both hands on the wrist, this is the ninth master.

The masters go one, two, three, four, five -- come and grab -- six, seven, eight, and nine. To practice this, it's a good idea to -- you want these nine masters clear in your mind. This is an act of memory and the best way to remember stuff is to make it ridiculous. So first master, huge left arm extended, second master crossed in armour, third master right arm extended, fourth master both hands up, fifth master he grabs your jacket so you break his arm, sixth master bring out your dagger and block -- beg your pardon. Sixth master bring out your dagger and block, seventh master with a dagger in armour, eighth master down here, ninth master here. So you can make those huge first master, second master, third master, fourth master, fifth master, sixth master, seventh blaster, eighth master, ninth master but if you're sitting on a bus, that's a little bit awkward. So you can do it, first master, second master, third master, fourth master, fifth master, sixth master, seventh master, eighth master, ninth master and people will leave you alone on the bus but the point is by the time you get to where you're going, you will probably remember the nine masters in order because this is Fiore's way of structuring the dagger material so you need to know what these masters are so that you can refer quickly to the material as it comes up.

END OF RECORDING