

Create Your Future NOW!

Your Outcome Must Be:

- Self-Initiated: You want it for YOU
- Self-Maintained: YOU have control of the results
- Stated In the POSITIVE
- Moving TOWARD what you want



What will you SEE when you've reached your goal?

What will you HEAR when you've reached your goal?

What will you physically FEEL when you've reached your goal?

What EMOTIONS will you FEEL when you've reached your goal?

When you've reached your goal, what time of day/year will it be?

When you've reached your goal, WHERE will you be?

When you've reached your goal, WHO will be with you?
