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DHIKR

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find Peace

MORNING:

Morning time starts from right after Fajr. One should say the azkaar even if he gets late.

EVENING:

Evening time starts from right after Asr. One should say the azkaar even if he gets late.

BENEFITS:

1. To protect yourself from the evil of humans and jinns, be regular in reading these azkaar.
2. To protect yourself from magic, evil eye, jealousy and satanic influences, be strictly regular in reading these azkaar.
3. To remove worry and restlessness of the heart due to a problem, be regular in reading the azkaar of day and night.

AYAT AT KURSI

1 TIME

(Surah Al Baqarah, Ayah 255)

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا
نَوْمٌ لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا
الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ
وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا بِمَا
شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ
حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ

TRANSLATION

Allah - there is no deity except Him, the Ever-Living, the Sustainer of [all] existence. Neither drowsiness overtakes Him nor sleep. To Him belongs whatever is in the heavens and whatever is on the earth. Who is it that can intercede with Him except by His permission? He knows what is [presently] before them and what will be after them, and they encompass not a thing of His knowledge except for what He wills. His Kursi extends over the heavens and the earth, and their preservation tires Him not. And He is the Most High, the Most Great.

(Surah Al Baqarah, Ayah 255)

SURAH AL BAQARAH

1 TIME

(Ayah 285-286)

ءَامَنَ الرَّسُولُ بِمَا أُنزِلَ إِلَيْهِ مِنْ رَبِّهِ ۚ وَالْمُؤْمِنُونَ ۚ كُلٌّ
ءَامَنَ بِاللّٰهِ وَمَلَائِكَتِهِ ۚ وَكُتُبِهِ ۚ وَرُسُلِهِ ۚ لَا يُفَرِّقُ بَيْنَ
أَحَدٍ مِّن رُّسُلِهِ ۚ وَقَالُوا سَمِعْنَا وَأَطَعْنَا ۚ غُفْرَانِكَ رَبَّنَا
وَالَيْكَ الْمَصِيرُ

لَا يُكَلِّفُ اللّٰهُ نَفْسًا إِلَّا وُسْعَهَا ۚ لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا
اَكْتَسَبَتْ ۚ رَبَّنَا لَا تُؤَاخِذْنَا إِن نَّسِينَا أَوْ أَخْطَأْنَا ۚ رَبَّنَا وَلَا
تَحْمِلْ عَلَيْنَا إَصْرًا كَمَا حَمَلْتَهُ ۚ عَلَى الَّذِينَ مِنْ قَبْلِنَا ۚ رَبَّنَا
وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ ۚ صَوِّأَعْفُ عَنَّا وَاعْفِرْ لَنَا
وَارْحَمْنَا ۚ أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

TRANSLATION

The Messenger has believed in what was revealed to him from his Lord and [so have] the believers. All of them have believed in Allah and His angels and His books and His messengers, [saying], "We make no distinction between any of His messengers." And they say, "We hear and we obey. [We seek] Your forgiveness, our Lord, and to you is the [final] destination." (285) Allah does not charge a soul except [with that within] its capacity. It will have [the consequence of] what [good] it has gained, and it will bear [the consequence of] what [evil] it has earned. "Our Lord, do not take us to task if we have forgotten or erred. Our Lord, and lay not upon us a burden like that which you laid upon those before us. Our Lord, and burden us not with that which we have no ability to bear. And pardon us; and forgive us; and have mercy upon us. You are our protector, so give us victory over the disbelieving people."

(Surah Al Baqarah, Ayah 285-286)

SURAH AL IKHLAS

3 TIMES

(Ayah 1-4)

سَمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

قُلْ هُوَ اللّٰهُ اَحَدٌ ﴿1﴾

اللّٰهُ الصَّمَدُ ﴿2﴾

لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿3﴾

وَلَمْ يَكُنْ لَّهٗ كُفُوًا اَحَدٌ ﴿4﴾

TRANSLATION

In the name of Allah, Most Gracious,
Most Merciful.

1. Say: He is Allah, the One and Only;
2. Allah, the Eternal, Absolute;
3. He begetteth not, nor is He begotten;
4. And there is none like unto Him.

SURAH AL FALAQ

3 TIMES

(Ayah 1-5)

سَمِ اللّٰهُ الرَّحْمٰنِ الرَّحِيْمِ

قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ ﴿١﴾

مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾

وَمِنْ شَرِّ غَاسِقٍ اِذَا وَقَبَ ﴿٣﴾

وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾

وَمِنْ شَرِّ حَاسِدٍ اِذَا حَسَدَ ﴿٥﴾

TRANSLATION

In the name of Allah, Most Gracious,
Most Merciful.

1. Say: I seek refuge with the Lord of the Dawn
2. From the mischief of created things;
3. From the mischief of Darkness as it overspreads;
4. From the mischief of those who practise secret arts;
5. And from the mischief of the envious one as he practises envy.

SURAH AL NAAS

3 TIMES

(Ayah 1-6)

سَمِ اللّٰهُ الرَّحْمٰنِ الرَّحِيْمِ
قُلْ اَعُوْذُ بِرَبِّ النَّاسِ ﴿١﴾
مَلِكِ النَّاسِ ﴿٢﴾
اِلٰهِ النَّاسِ ﴿٣﴾
مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿٤﴾
الَّذِي يُوسْوِسُ فِي صُدُوْرِ النَّاسِ ﴿٥﴾
مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٦﴾

TRANSLATION

In the name of Allah, Most Gracious,
Most Merciful.

1. Say: I seek refuge with the Lord and Cherisher of Mankind,
2. The King (or Ruler) of Mankind,
3. The god (or judge) of Mankind,-
4. From the mischief of the Whisperer (of Evil), who withdraws (after his whisper)
5. (The same) who whispers into the hearts of Mankind,-
6. Among Jinns and among men.

ALLAHUMMA BIKA ASBAHNA

1 TIME

اللَّهُمَّ بِكَ أَصْبَحْنَا، وَبِكَ أَمْسَيْنَا، وَبِكَ نَحْيَا،
وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ

TRANSLATION

O Allah! With Your Power we have come to the morning, with Your Power we come to the evening, with Your Power we live, and we die, and to You will we return.

In the evening he should say

اللَّهُمَّ بِكَ أَمْسَيْنَا، وَبِكَ أَصْبَحْنَا

(Tirmidhi)

ASBAHNA WA ASBAHAL MULKU

1 TIME

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ وَخَيْرَ مَا بَعْدَهُ ، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذَا الْيَوْمِ وَشَرِّ مَا بَعْدَهُ ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ ، وَسُوءِ الْكِبَرِ ، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ .

TRANSLATION

We entered upon morning and the whole Kingdom of Allah entered upon morning. Praise is due to Allah. There is none worthy of worship except Allah, the One having no partner with Him. His is the Sovereignty and to Him is praise due and He is Potent over everything. My Lord, I ask you good that lies in this day and good that follows it and I seek refuge in you from the evil that lies in this day and from the evil of that which follows it. My Lord, I seek refuge in you from laziness and the evil of old-age. My Lord, I seek refuge in you from torment of the Hell-Fire and from torment of the grave. **[In the evening, he should**

say هَذَا الْيَوْمِ **instead of** أَصْبَحْنَا , هَذِهِ اللَّيْلَةُ **instead of** أَمْسَيْنَا **and** مَا بَعْدَهُ **instead of** مَا بَعْدَهَا **]**

(Saheeh Muslim)

ALLAHUMMA MA ASBAHA

1 TIME

اللَّهُمَّ مَا أَصْبَحَ بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِنْ
خَلْقِكَ ، فَمِنْكَ وَحْدَكَ لَا شَرِيكَ لَكَ ، فَلَكَ
الْحَمْدُ وَلَكَ الشُّكْرُ

TRANSLATION

O Allah! Whatever blessing has entered morning upon me or anyone from your creation, it comes from you alone you have no partner; for you is praise and gratefulness.

In the evening he should say مَا أَمْسَى

(Abu Dawood)

ALLAHUMMA INNI ASBAHTU

4 TIMES

اللَّهُمَّ إِنِّي أَصْبَحْتُ أُشْهِدُكَ وَأُشْهِدُ حَمَلَةَ
عَرْشِكَ، وَمَلَائِكَتَكَ وَجَمِيعَ خَلْقِكَ، أَنَّكَ أَنْتَ
اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ وَحْدَكَ لَا شَرِيكَ لَكَ، وَأَنَّ
مُحَمَّدًا عَبْدُكَ وَرَسُولُكَ

TRANSLATION

O Allah! In the morning we call you, the bearers of
Your Throne, Your angels, and all
your creatures to witness that you are Allah other than
whom there is none worthy of
worship, you being alone and without a partner, and
that Muhammad is your slave and Your Messenger.

In the evening he should say اللَّهُمَّ إِنِّي أَمْسَيْتُ

(Abu Dawood)

ASBAHNA ALA FITRA

1 TIME

أَصْبَحْنَا عَلَى فِطْرَةِ الْإِسْلَامِ وَعَلَى كَلِمَةِ
الْإِخْلَاصِ ، وَعَلَى دِينِ نَبِيِّنَا مُحَمَّدٍ صَلَّى اللَّهُ
عَلَيْهِ وَسَلَّمَ ، وَعَلَى مِلَّةِ أَبِيْنَا إِبْرَاهِيمَ ، حَنِيفًا
مُسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ

TRANSLATION

We enter morning upon the fitrah of Islam, and the word of pure faith, and upon the religion of our Prophet Muhammad (peace be upon him) and the religion of our forefather Ibrahim, who was a Muslim and a true monotheist and was not of those who associate others with Allah.

In the evening he should say **أَمْسَيْنَا**
(Ahmad)

ALLAHUMMA AFINI

3 TIMES

اللَّهُمَّ عَافِنِي فِي بَدَنِي ، اللَّهُمَّ عَافِنِي فِي
سَمْعِي ، اللَّهُمَّ عَافِنِي فِي بَصَرِي ، لَا إِلَهَ إِلَّا
أَنْتَ . اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ ،
وَالْفَقْرِ ، وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ ، لَا إِلَهَ
إِلَّا أَنْتَ

TRANSLATION

O Allah, grant me wellness in my body, O Allah, grant me wellness in my hearing, O Allah, grant me wellness in my sight. None has the right to be worshipped except You, O Allah, I take refuge with you from disbelief and poverty, and I seek refuge with you from the punishment of the grave. None has the right to be worshipped except you.

(Abu Dawood)

ALLAHUMMA INNI AS ALUKA

1 TIME

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا
وَالْآخِرَةِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ
فِي دِينِي وَدُنْيَايَ وَأَهْلِي، وَمَالِي، اللَّهُمَّ
اسْتُرْ عَوْرَاتِي، وَآمِنْ رَوْعَاتِي، اللَّهُمَّ احْفَظْنِي
مِنْ بَيْنِ يَدَيْ، وَمِنْ خَلْفِي، وَعَنْ يَمِينِي،
وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَأَعُوذُ بِعَظَمَتِكَ
أَنْ أُغْتَالَ مِنْ تَحْتِي

TRANSLATION

O Allah, I ask you for pardon and well-being in this life and the next. O Allah, I ask you for pardon and well-being in my religious and worldly affairs, and my family and my wealth. O Allah, veil my weaknesses and set at ease my dismay, and preserve me from the front and from behind and on my right and on my left and from above, and I take refuge with You lest I be swallowed up by the earth.

(Abu Dawood)

ALLAHUMMA ANTA RABBI

1 TIME

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا
عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا
اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ،
أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ، وَأَبُوءُ بِذَنْبِي فَاغْفِرْ
لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

TRANSLATION

O Allah, You are my Lord, none has the right to be worshipped except You, You created me and I am Your slave and I abide to Your covenant and promise as best I can, I take refuge in You from the evil of which I have committed. I acknowledge your blessing upon me and I confess my sin, so forgive me, for verily none can forgive sin except You. (Bukhari)

ALLAHUMMA AALIMA AL GHAIB

1 TIME

اللَّهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ فَاطِرَ
السَّمَاوَاتِ وَالْأَرْضِ، رَبِّ كُلِّ شَيْءٍ وَمَلِيكُهُ،
أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ، أَعُوذُ بِكَ مِنْ شَرِّ
نَفْسِي، وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّكَه، وَأَنْ
أَقْتَرِفَ عَلَى نَفْسِي سُوءًا، أَوْ أَجْرَهُ إِلَى مُسْلِمٍ

TRANSLATION

O Allah, Knower of the unseen and the seen, Creator of the heavens and the Earth, Lord and Owner of all things, I bear witness that none has the right to be worshipped except you. I take refuge in you from the evil of myself and from the evil and shirk of the devil, and from committing wrong against my soul or bringing such upon another Muslim. (Tirmidhi)

BISMILLAHİ ALLADI

3 TIMES

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي
الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

TRANSLATION

In the name of Allah with whose name nothing harms on earth nor in the heavens and He is The All-Seeing, The All-Knowing.

(Abu Dawood)

RADITU BILLAHI RABBA

3 TIMES

رَضِيتُ بِاللَّهِ رَبًّا، وَبِالْإِسْلَامِ دِينًا، وَبِمُحَمَّدٍ -
صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ — نَبِيًّا

TRANSLATION

I am pleased with Allah as a Lord, and Islam as
a religion and Muhammad
(peace be upon him) as a Prophet.
(Tirmidhi)

AUDHU BIKALIMATILLAH

3 TIMES

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

TRANSLATION

In the name of Allah with whose name nothing harms on earth nor in the heavens and He is The All-Seeing, The All-Knowing.

(Abu Dawood)

HASBIALLAHU LA ILAHA

7 TIMES

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ
الْعَرْشِ الْعَظِيمِ

TRANSLATION

Allah is Sufficient for me, none has the right to be worshipped except Him, upon Him I rely and He is Lord of the exalted throne.
(Abu Dawood)

SUBHANALLAHI WABIHAMDIH

3 TIMES

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ، عَدَدَ خَلْقِهِ، وَرِضَا
نَفْسِهِ، وَزِنَةَ عَرْشِهِ، وَمِدَادَ كَلِمَاتِهِ

TRANSLATION

How perfect Allah is and I praise Him by the
number of His creation and His pleasure, and
by the weight of His throne, and the ink
of His words
(Muslim)

ALLAHUMMA INNI AS ALUKA

1 TIME

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْماً نَافِعاً، وَرِزْقاً طَيِّباً،
وَعَمَلاً مُتَقَبَّلاً

TRANSLATION

O Allah, I ask you for beneficial knowledge,
goodly provision and accepted deeds
(Ibn Majah)

LA ILAHA ILLALLAH

100 TIMES

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ
وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

TRANSLATION

None has the right to be worshipped except Allah, alone, He has no partner, to Him belongs all sovereignty and praise, and He is over all things omnipotent.

(Bukhari)

**SUBHANALLAHI
WABIHAMDIH**

100 TIMES

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

TRANSLATION

All Glory is to Allah and all Praise to Him
(Saheeh Muslim)

ASTAGHFIRULLAHA

100 TIMES

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

TRANSLATION

I seek forgiveness from Allah and I turn to Him in repentance.

(Abu Dawood)