

Vision Board Templates

"If you can dream it, you can do it."

There are many ways to create vision boards. You can use a blank piece of paper, poster board, online tools or the enclosed templates, to create your vision board.

Your vision board can be a single page, or it can be several pages, that you tape to a wall or tri-fold cardboard display. Display your completed vision board where you can see it and reflect on it each and every day.

On the following pages you'll find several vision board templates and embellishments. You can use these as is or use them to spark ideas for alternate layouts.

Gather pictures from magazines, photos you've taken, or images you purchase or gather from public domain sites.

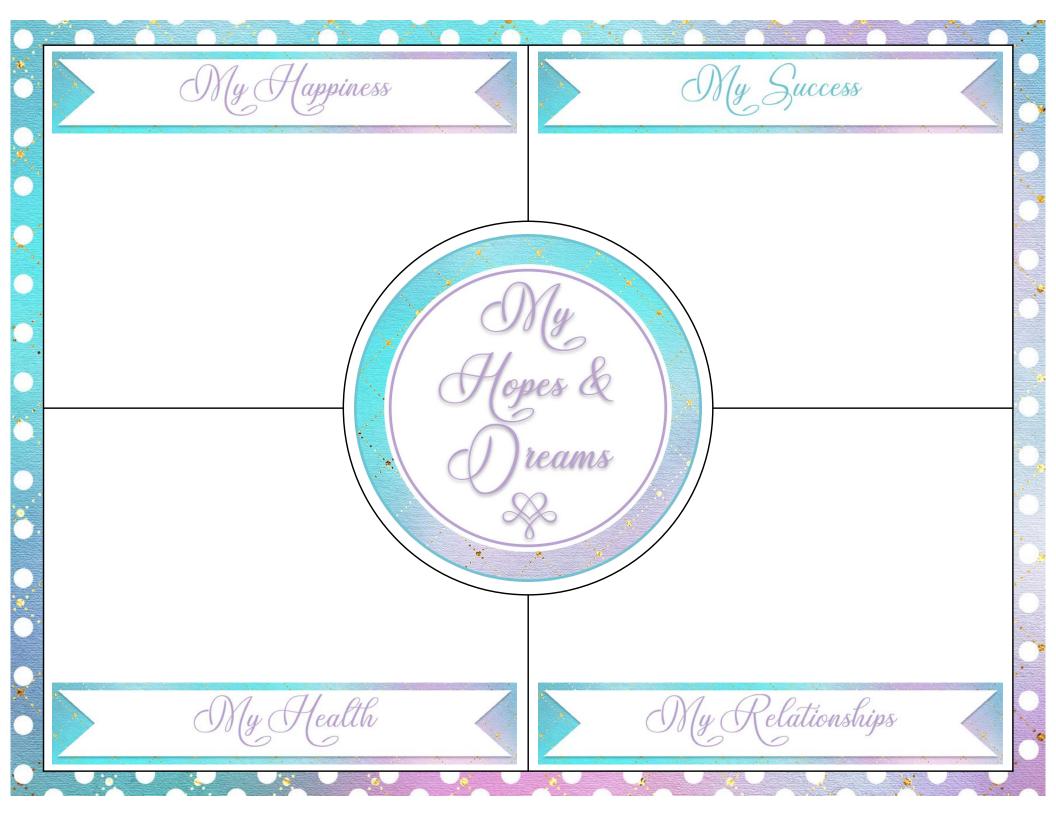
Create sections for your vision board so that you can concentrate your focus on very specific areas of your life. You can create one vision board and divide it into several sections, or you can create separate vision boards for each area of your life, goals and dreams.

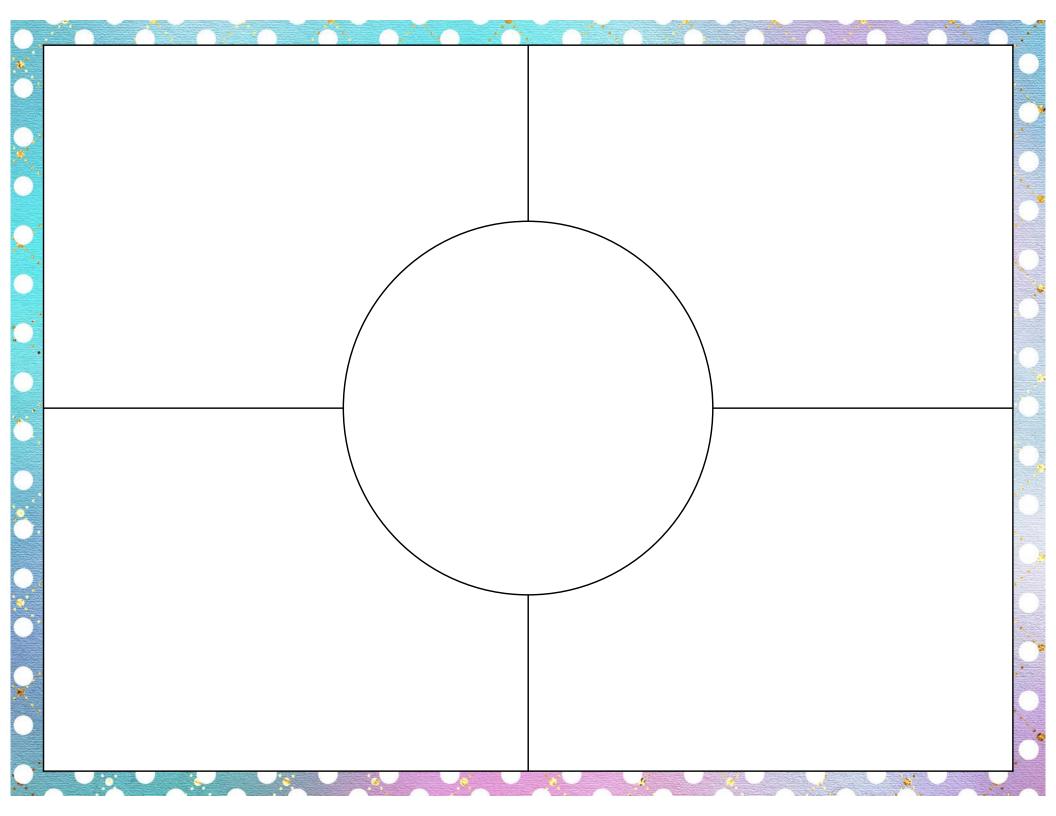
Have fun and dream big as you create your vision board(s).

D'vorah Lansky

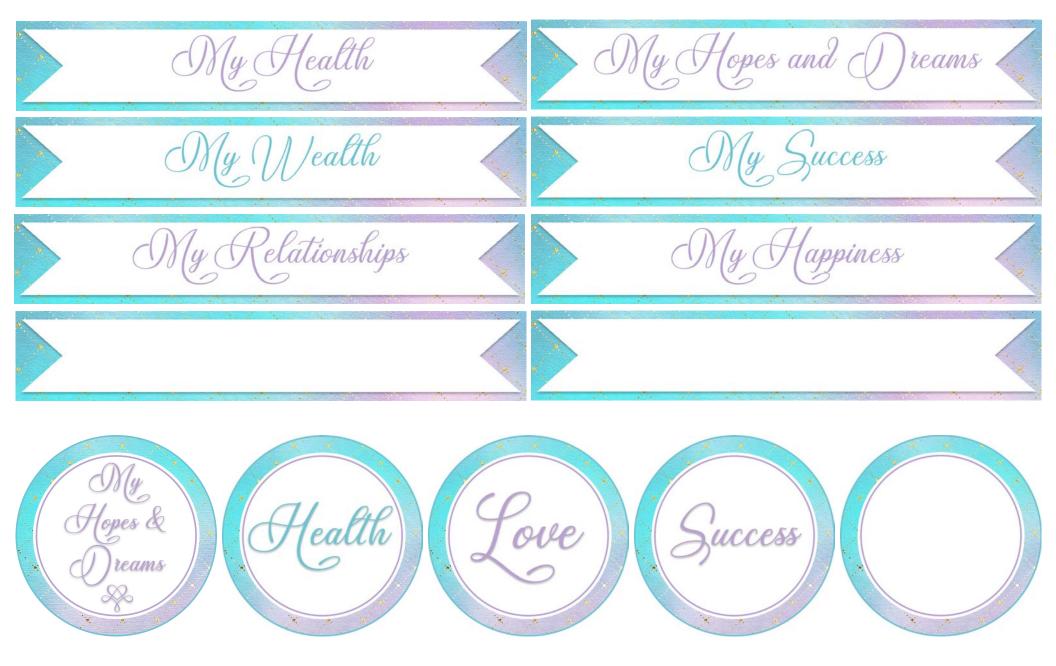
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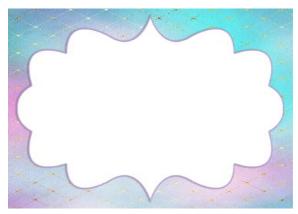
Vision Board Labels for Digital & Physical Boards

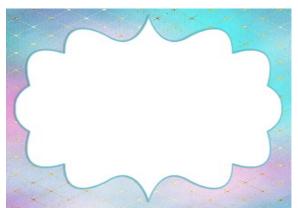


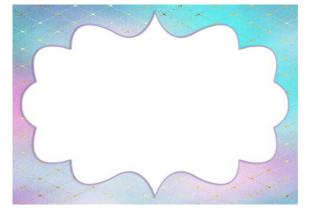
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"I Am" Statements – Inspiring Quotes - and Affirmation Cards

What you think about, you bring about. What is it you want to bring about in your life?

Just as we feed our body, we need to feed our minds. *I Am* statements declare what it is you want, in the first person, present tense. There's a quote by Rock Thomas that encapsulates the essence of an I Am statement.

"Whatever follows "I Am" [in your thoughts or in your words] follows you!"

Print off and cut out the colorful cards of your choice and write down your I Am statements, affirmations and quotes that inspire you.

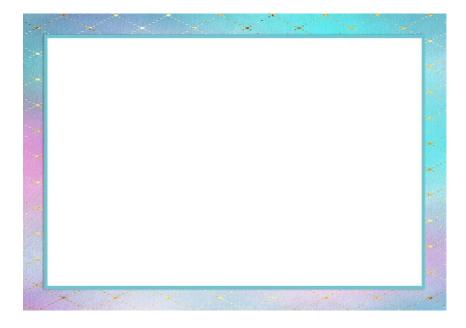
Here's to health, happiness, and dreams come true!



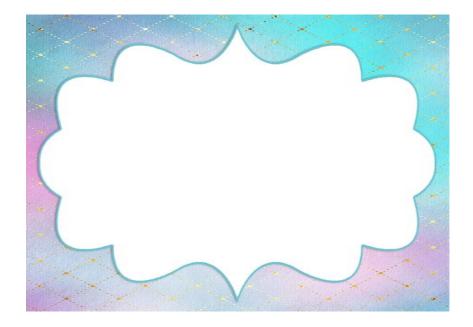
Power Quote and Affirmation Cards Cut These Out and Display on or Around Your Vision Board

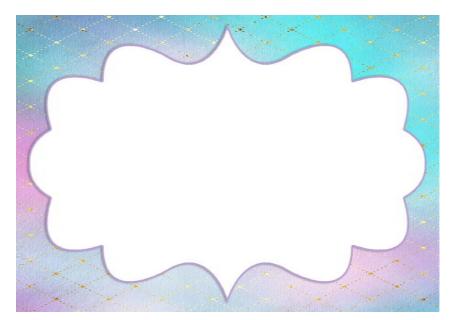
A Goal Without a Plan is Just a Wish *felieve* in the Nothing Will Work POWER Dreams Unless Jou Do

"I Am" Power Quotes and Affirmation Cards

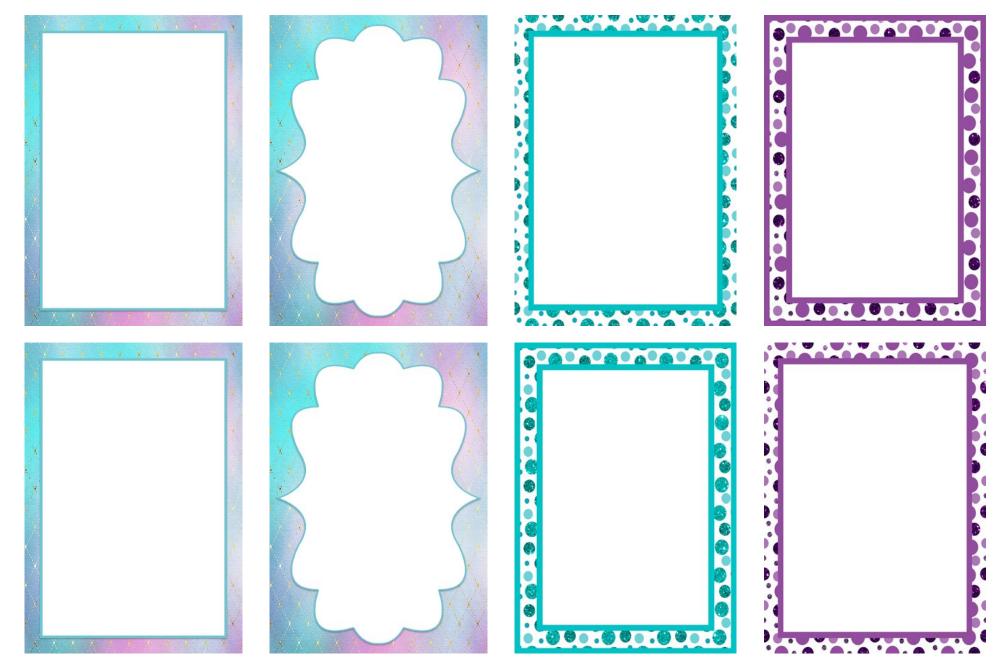








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