

The Divine Creative

inquiry before our initial session

Please complete and return this form (to tdc@claregalloway.com) at least 24 hours before our first session – the contents of this paper will help enormously to inform our meeting.

Take as much space as you need, filling in the questions.

I very much look forward to communing with you!

What is the call for change that drew you to this mentoring programme? It might be the biggest challenge you're currently working with, or something that has held you back since childhood, or a recent knock to your confidence... Describe it as fully as you can:

What successes have you had in this past month?

What have been your biggest challenges in the past month?

What's your most pressing short-term goal (over the next fortnight or so)?

What's your most pressing medium-term goal (over the next few months)?

What is the greatest vision that you hold for your entire lifetime? Please breathe deep into this inquiry, and describe as fully as possible, what your heart tells you... Let go of any limiting thoughts or assumptions, and write from a place of 'if there were nothing in the way of this happening':

Is there anything else which you'd like to share, before we begin?

Please note that these responses, as with all that we share together, will always be protected in the highest confidentiality.