



MODULE

---

# Introduction

# Hello!



Thank you for investing in yourself and getting out of your comfort zone by starting this new journey with me. I will do my best to guide you and share what I've learned during my years of trial and error. I wish there had been training like this when I first started. It would help me save lots of time, money, and frustration. My goal is to help you get started and gain not only motivation but also the confidence that you can do this. It's time to fill in your cup and awaken your inner artist. It's time for you to unleash your potential.

*Wioleta Brzezinska*

[violetviewart.com](http://violetviewart.com)

[violetviewart@gmail.com](mailto:violetviewart@gmail.com)

# First Guidance

During my creation process, my goal was to make this training as universal as possible. Even though there are many different styles, the central core of this training is to show you how to start creating breathtaking pieces of art with a minimum time, budget, and space. I'm sharing the absolute essentials and removing any blockages that could stand in your way to give yourself this chance. If you are here, it means that you are a creative soul with a deep desire to start something new. You can use the basic guidelines I offer and adjust them to your own liking and needs. Take your time. There is no need to rush. Pull over and let your inner compass guide you. Slowly but surely, with every practice, it will get better.

My best advice at this stage is to follow your intuition, follow your esthetics and listen to your inner guide. It will show you which colors, designs, and shapes to choose along the way. Give yourself a moment to write down what you love the most and what you would like to do on your first project. Trust the process. Some steps will be joyful, but some could be more out of your comfort zone. Especially when you try it the first time. It's OK. It's normal when you learn new skills. If you find yourself overthinking or stuck, stop for a moment and ground yourself with some breathwork. You don't have to master all process from start to finish. Focus only on one step at a time and trust that you can do this :)

# Your Reflections:



---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---