

# Foundations of Animal- Assisted Interventions *Online Course*

A comprehensive, online course that  
allows you to learn all about animal-  
assisted interventions in your own time, at  
your own pace, your own way.

LYNDSAY WRIGHT, MC, REGISTERED PSYCHOLOGIST, CAATP







*You're* **IN THE  
RIGHT PLACE IF...**





1. You have a passion for animals and understand the power of the human-animal bond.
2. You're in a helping profession (teacher, nurse, OT, PT, child/youth worker, social worker, counsellor, therapist, psychologist, homecare, eldercare, etc.
3. You want to learn how to incorporate animals to help the populations you work with.

# Welcome

 Welcome to the course outline for the Foundations of Animal-Assisted Interventions online course. This course provides you with the foundational knowledge needed to ethically and effectively incorporate animals into your program or practice. With over 20 hours of learning, you will have the opportunity to explore how animals can support the populations you work with.

 With over 20 hours of learning, the Foundations of AAI course provides you with a wealth of knowledge to help you on your journey of animal-assisted interventions. The course provides a variety of learning tools including video instruction with slides, closed captioning options for the videos, downloadable slides, audio instruction, self-study sections and self-reflection sections. In addition, a course workbook is available to deepen your learning of AAI and guide you through the self-reflection section.

 This course is an amazing tool for any helping professionals interested in animal-assisted interventions. This can include teachers, nurses, occupational therapists, physical therapists, child/youth workers, home care workers, eldercare workers, corrections officers, group homes, social workers, therapists, psychologists, counsellors and mental health professionals.

 ***The Foundations of Animal-Assisted Interventions course has also been pre-approved by the Canadian Counselling and Psychotherapy Association for 24 continuing education credit hours!***

Happy Learning!  
Lyndsay Wright  
*Founder & CEO of Wright Psych Solutions*





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# MEET THE *Instructor*



Lyndsay is a Registered Psychologist and a Certified Animal-Assisted Therapy Professional. Lyndsay has been incorporating animals into mental health practice for almost a decade. She has experienced both professionally and personally the power of the human-animal bond. She decided to create this course to help others confidently and ethically introduce animals into their own helping professions.

*“Our task must be to free ourselves...by widening our circle of compassion to embrace all living creatures and the whole of nature and its beauty.”*

-Albert Einstein



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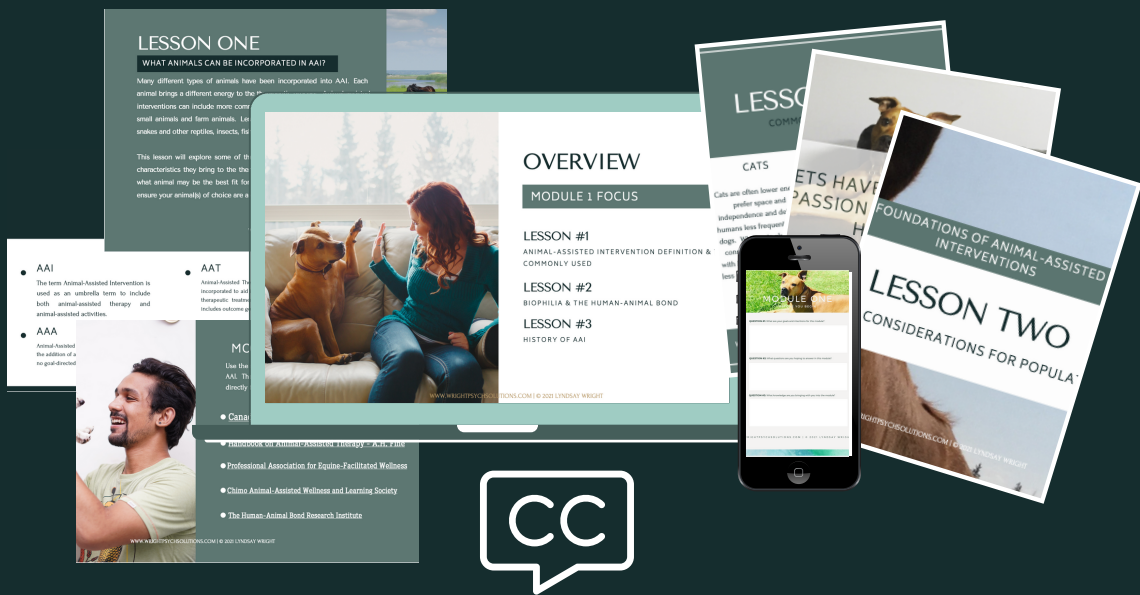


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INTRODUCING

# The Foundations of Animal-Assisted Interventions



GET STARTED

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