



Hacking Time + Productivity: Unit Seven - Killing Birds

PLEASE LISTEN TO THE AUDIO!

1. KILLING BIRDS

- a. This is such a fun one. We're going to deck out your "Wasted" hours with productivity hacks. Everyone has these hours which I called "wasted" because they are unavoidable:
 - i. Pooping
 - ii. Showering
 - iii. Driving
 - iv. Waiting in various types of lines
 - v. On hold on the phone
- b. Get a voice app. It doesn't matter which one. The Voice App is going to help you be creative in your wasted hours. Get used to talking into it.
- c. If you're in public waiting in line, just pretend you're talking to ME. LOL - Get earbuds so people will think you're hashing out a plan on the phone.
- d. You can get as creative as you want. From waterproofing your phone in the shower, to keeping a pen and paper in the bathroom near the toilet, use these WASTED hours and let your brain work!
- e. For some of you, all that will happen is you'll get lots of stuff for your Big/Little lists at night.
- f. For others, you'll come up with cool ideas that you can work into your plan!
- g. Also, there are most likely things on your list that you can do together.
 - i. On hold on the phone? Exercise while waiting.
 - ii. Bathe instead of shower so you can talk to text more easily.
 - iii. Listen to podcasts and lectures when you're in the car.