



## TUTORIAL SUMMARY & SUBMISSION INFO

This document outlines your tutorial and bonus credit activities for CMTE/CPD credit. You may submit this document with your certificates if you wish.

### Overview

1. Introduction, overview and learning outcomes
2. Principles of deep listening
3. Theory of listening
4. How deep and broad listening is enacted: listening back, indexing and reflexive practice
5. Deep listening: Musical detail and process
6. Broad listening: Listening down and around to music
7. Implications for practice: Video example
8. Summary, bonus content & extra resources

### Learning Objectives

- Increased attunement to the micro-level of musical and paramusical detail in sessions
- To use the concepts and skills of 'deep listening' and 'broad listening' to help explore and improve practice
- To increase awareness of the significance of careful listening for the quality and meaning of therapeutic experiences in music therapy
- To learn specific techniques such as 'indexing' sessions in order to focus attention on musical detail
- To develop skills in using indexing for private reflexive practice and supervision

### Tutorial Summary

This tutorial from Professor Gary Ansdell explores the concept of listening deeply and broadly to the music within our music therapy sessions. Rather than just applying a tool, Gary encourages us to listen very carefully to our clients and our own musical contributions. Starting with the principles of broad then deep listening Gary explains how musical indexing works and how we can use this method of transcribing sessions to provide deeper insight into our clients, ourselves, and interactions with others. Providing examples of how indexing can be adopted Gary discusses the usual barriers to taking the time to transcribe sessions and shows how you can adopt differing levels of detail with this. As with all learning Gary explains that we need to slow down to notice new details. After demonstrating the depth of detail using indexing for deep listening Gary then introduces broad listening, where we listen 'around' and 'down' the music. What is happening environmentally? What other interactions are occurring 'around' the music? Gary provides a video example of a music therapy session in which the music engages several clients in an interaction together. To finish the tutorial Gary shares links to his publications to develop your skills further and the tutorial closes with a summary and 3 bonus content activities to extend your learning and earn extra CMTE/CPD credits.

## Submission for CMTE/CPD Credit

When you finish watching the online tutorial you will automatically receive a certificate of completion via email to verify that you have successfully completed the tutorial. You will need to watch ALL the video's to receive your certificate. You can submit this to your CBMT/CPD organization as a professional development activity. For MT-BC's in the US and Canada you can submit your certificate in the workshops/independent learning category as an 'other continuing education opportunity'.

## Bonus Content Activities

### WORKBOOK

If you completed the reflexive practice workbook as a bonus content activity, send it to [jacinta@musictherapyonline.org](mailto:jacinta@musictherapyonline.org) for verification. You will receive a certificate of completion for 1 CMTE/CPD credit.

### INDEXING PROJECT

If you have completed the Indexing Project as a bonus content activity then you can send your completed project to [jacinta@musictherapyonline.org](mailto:jacinta@musictherapyonline.org) for verification. Once your submission has been verified you will be emailed a certificate of completion for 1 CMTE/CPD credit.

### ARTICLE REVIEW

If you have completed the article review as a bonus content activity then you can send your completed review to [jacinta@musictherapyonline.org](mailto:jacinta@musictherapyonline.org) for verification. Once your submission has been verified you will be emailed a certificate of completion for 2 CMTE/CPD credits.

## THANK YOU!

Thanks very much for purchasing this music therapy online tutorial. I hope you've enjoyed your MTO experience and feel you have learnt something new and exciting! Best of luck on your learning journey and please get in touch if you have any suggestions or feedback. x Jacinta

## CBMT Domains

For MT-BC's in the US and Canada you can submit your certificate in the workshops/independent learning category as an 'other continuing education opportunity'. This tutorial covers the following CBMT Board Certified Domains:

### CBMT Domains

#### II REFERRAL, ASSESSMENT, INTERPRETATION OF ASSESSMENT AND TREATMENT PLANNING

B Assessment: 1. 2. 3b, c, g. 4. b, f, h, k, m. 7. 10. 11. 12. 13. 1, b, c,

C Interpret assessment information and communicate results: 3.

D Treatment Planning and termination: 4. 7. 8. 11.

#### III TREATMENT IMPLEMENTATION AND TERMINATION

A Implementation: 1. a.

B Documentation: 1. 2. 4.

#### IV EVALUATION & TERMINATION OF TREATMENT

A Evaluation: 1. 6. 9.

#### V PROFESSIONAL DEVELOPMENT AND RESPONSIBILITIES

A Professional Development: 1. 2. 3. 6.

B Professional Responsibilities: 11.