

WORKSHOPS DONE ACADEMY CHECKLIST

As you know, you can go at your own pace and have lifetime access to WDA. Find a timeline that makes sense for your life, but I also want to help you and maybe push you a little. I am here to help you to go big in your wellness business and get your message out into the world as soon as possible.

Module 01 Checklist

Lesson 1: Check-In With Yourself: Accountability, Mindset + Affirmations

- Watched the video
- Completed the mindset exercises
- Saying affirmations daily

Lesson 2: Define Your Ideal Client

- Watched the video
- Completed the worksheet to define your Ideal Client

Lesson 3: How to Use Done-For-You Materials in WDA

- Watched the video
- Reviewed worksheet

Lesson 4: How to Write Your Intro + Bio

- Watched the video
- Wrote my Intro – How to introduce yourself
- Wrote my intro for others to introduce me
- Wrote my biography
- Scheduled a photoshoot for a professional headshot or already have one

Tech Resources

- Watched the video on updating materials from WDA

Events

- Attended or watched for the replay for the Module 01 group call

Questions? Please post in our private members-only Facebook group at www.facebook.com/groups/workshopsdone/, and I will get right back to you.

To Access the WDA program, please go to <https://courses.workshopsdone.com/>

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