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**The Upward Way**

*Swift, Decisive, Eﬃcient*

Your time for SAT prep each week is limited, so you’ll need to follow an **eﬃcient** study plan that makes the most of it. Your study plan will enable you to **decisively** zero in on your study targets, pinpointing the most important Math concepts and using your Verbal abilities to **swiftly** read through the passages you encounter to earn the most points on test day.

**How to Use Your Study Plan:** The study plan below is based on your results, with your areas of opportunity on the left side of each week’s plan and your areas of strength toward the right. Each week, the Recommended chapters cover the topics that are worth the most points on the SAT, so be sure to prioritize those items. To make your prep as eﬃcient as possible, choose Optional items that best ﬁt your study needs and schedule. If you fall behind or don’t have 4 full weeks to study, be sure to prioritize the Recommended items. Happy prepping!

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# WEEK 1

**Format of the SAT**

Knowing what to expect on each section of the SAT will give you conﬁdence on test day—you’ll have no surprises about what types of questions you’ll be asked.

During these weeks, you’ll:

* Become comfortable with the structure of the SAT
* Learn the Kaplan Methods for each test section

## Week 1

|  |  |  |  |
| --- | --- | --- | --- |
| **Overall Study** | **Math** | **Reading** | **Writing and Language** |
| Recommended:* **Chapter 1:** Inside the SAT
 | Recommended:* **Chapter 3:** The Method for SAT Math Questions
 | Recommended:* **Chapter 17:** The SAT Reading Method
 | Recommended:* **Chapter 24:** The Method for SAT Writing and Language
 |
| Optional:* **Practice Test 3** (online)
* Review **Practice Test 3**
 | Optional:* **Chapter 2:** Prerequisite Skills and Calculator Use
* **Online Video:** The

Method for SAT Math Questions* **Online Video:**

Translating English to Math | Optional:* **Online Video:** The Method for SAT Reading Questions
 | Optional:* **Online Video:** The Method for SAT Writing and Language Questions
 |

1 Month Study Plan, More Conﬁdent in Verbal

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# WEEK 2

**Highest-Yield Topics**

Let’s cut right to the chase: some topics are tested on the SAT more heavily than others. That means that mastering those topics has the potential to earn you a ton of points on test day.

During these weeks, you’ll:

* Study the highest point yield topics in Math and Writing and Language
* Master the foundations of strategic Reading

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## Week 2

|  |  |  |
| --- | --- | --- |
| **Math** | **Reading** | **Writing and Language** |
| Recommended:***Choose chapter(s) from most highly tested Math topics:**** **Chapter 4:** Linear Equations and

Graphs* **Chapter 7:** Rates, Ratios, Proportions, and Percents
* **Chapter 10:** Functions
* **Chapter 13:** Geometry
 | Recommended:* **Chapter 18:** SAT Reading Passage Strategies
 | Recommended:* **Chapter 25:** Spotting and Fixing Errors

Sentence Structure* + The Basics
	+ Commas, Dashes, and Colons
 |
| Optional:***Choose additional chapter(s) from most highly tested topics of remaining Math chapters:**** **Chapter 5:** Systems of Equations
* **Chapter 8:** Tables, Statistics, and Probability
* **Chapter 12:** Quadratics
* **QBank:** 5+ Math questions
 | Optional:* **QBank:** 10+ Reading questions
* **Online Video:** Passage Mapping
* **Online Video:** History/Social Studies Passages
* **Online Video:** Science Passages
 | Optional:* **Chapter 25:** Spotting and Fixing Errors

Agreement* + Verbs
	+ Pronouns
	+ Modiﬁers
	+ Idioms
* **Chapter 28:** The Method for the SAT Essay

*(If you’re unsure about whether to take the essay on test day, check out the section Should I Write the SAT Essay?)* |

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# WEEK 3

**Areas of Opportunity and Practice Test**

Now it's time to dig into some challenging topics. You can do this! Your goal is not to learn everything about, say, geometry or punctuation, but rather to learn the most commonly-tested SAT concepts and to familiarize yourself with questions in that category.

It’s also time for some authentic practice. Taking a Practice Test under real test-like conditions is the best way to solidify what you’ve learned and to practice test-taking strategies. Plus, your results will help you make a plan for your remaining study time until test day.

## Tips for Taking Practice Tests:

Make the Practice Test count! Time yourself, eliminate distractions, and use your test-taking strategies (see Chapter 1), just as you would for the real test. Practice using the Methods for each test section (Math, Reading, and Writing and Language) on every question—even if doing so takes more time now, practicing will improve your speed so the Methods are second nature on the real test day.

After ﬁnishing the Practice Test, it is vital that you *review your results*. Dig into each question—think not only about why you got a question correct or incorrect but also about whether you approached the question strategically. For each question, ask yourself: What can I learn about this type of question? After reviewing, use your test results to help you plan what to study until test day.

During these weeks, you’ll:

* Take a Practice Test
* Review the Practice Test
* Improve your performance on your areas of opportunity on each section of the test

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## Week 3

|  |  |  |  |
| --- | --- | --- | --- |
| **Overall Study** | **Math** | **Reading** | **Writing and Language** |
| Recommended:* **Practice Test 1**

(in-book) with optional essay* Review **Practice Test 1**
* **Chapter 29:**

Countdown to Test Day | Recommended:***Choose chapter(s) from most highly tested Math topics:**** **Chapter 4:** Linear

Equations and Graphs* **Chapter 7:** Rates, Ratios, Proportions, and Percents
* **Chapter 10:** Functions
* **Chapter 13:** Geometry
 | Recommended:* **Chapter 19:** SAT Reading Question Types
 | Recommended:* **Chapter 26:** Spotting and Fixing Issues

Development* + Precision
	+ Relevance
	+ Revising Text
	+ Introductions and Conclusions
 |
| Optional:***Choose chapter(s) from most highly tested topics based on your Practice Test results:**** **Chapter 5:** Systems of

Equations* **Chapter 8:** Tables, Statistics, and Probability
* **Chapter 12:** Quadratics
* **QBank:** 5+ Math questions
 | Optional:* **Chapter 20:** Answering SAT Reading Questions
* **Online Video:** Command of Evidence Questions
* **Online Video:** U.S. and

World Literature Passages* **Online Video:** Paired

Passages | Optional:* **Chapter 26:** Spotting and Fixing Issues

Organization* + Conciseness
	+ Transitions
	+ Sentence Placement
	+ Graphs
 |

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# WEEK 4

**Strengths Focus**

You’ve worked so hard! There’s only one week left, but you are well-situated for success. Now things get kind of fun: take those topics you’re awesome at, and get more awesome at them before test day! Celebrate your successes and take this opportunity to get even better. You’ll also learn section management strategies for each section of the SAT. Finally, do some light practice leading up to the big day.

During these weeks, you’ll:

* Focus on your strongest topics to build conﬁdence for test day
* Learn section management strategies for each section of the SAT
* Do light practice until test day

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## Week 4

|  |  |  |
| --- | --- | --- |
| **Math** | **Reading** | **Writing and Language** |
| Recommended:* **Chapter 16:** SAT Math
	+ SAT Math Timing and Triage
	+ Try On Your Own
* Review chapter(s) based on Practice Test results
 | Recommended:* **Chapter 23:** SAT Reading
	+ Timing
	+ Section Management
 | Recommended:* **Chapter 27:** SAT Writing and Language
	+ Timing
	+ Section Management
* Review chapter(s) based on Practice Test results
 |
| Optional:* **QBank:** 10+ Math questions
 | Optional:* **Chapter 23:** SAT Reading
	+ How Much Have You Learned?
* **QBank:** 10+ Reading

questions | Optional:* **Chapter 27:** SAT Writing and Language
	+ How Much Have You Learned?
* **QBank:** 11+ Writing and Language questions
 |

Congratulations! You’ve put in the **swift, decisive** eﬀort to complete your **eﬃcient** review of the SAT, following the Upward way! You should feel conﬁdent in your expert preparation!

1 Month Study Plan