

Both creative

LOOK AT ME / SEEN, HEARD, LOVED

Part 1

Do you remember times as a child you asked to be seen? When you wanted to dance or perform? What was the reaction? Many of us had harsh critics. This creates a hesitancy to express our greatness and we carry that forward to adulthood. But the truth is that others WANT to revel in your Gifts. Other people will come to your aid, support you and pay for your Gift—IF you let them.

Exercise

What were the things that made you weird as a kid?
List them.

Then: are you keeping that “weird kid” alive in you today?
If not, what’s one way you could bring some of that kid back out?
What activity or way of thinking could you implement today to live louder as that child?

Part 2

There is an old adage that says, ‘Build a better mousetrap and the world will beat a path to your door!’—which is only true IF the world knows you built a better mousetrap. We need to take joy in our work and share our excitement.

Assignment

Are you showing your work?
Try a new way to show your work or tell your story.

