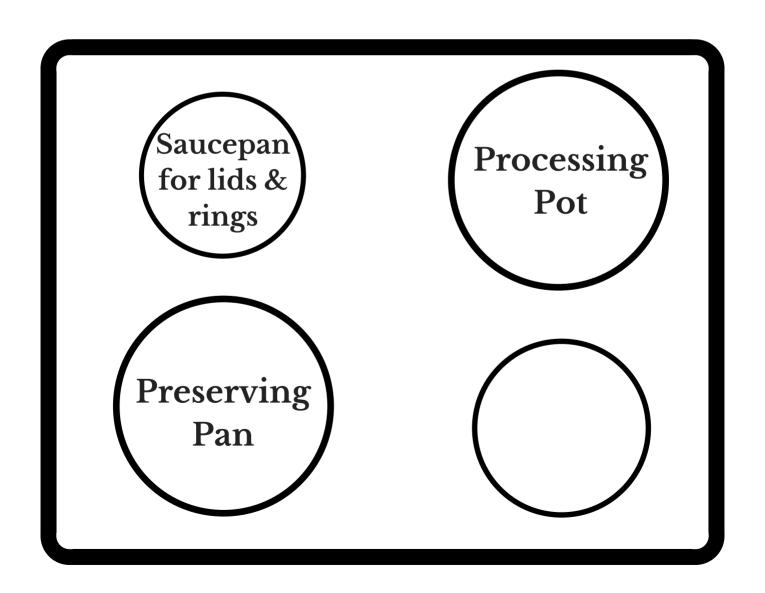
Canning Process Cheat Sheet Prepare

- processing pot full of jars & boiling water
- saucepan with lids & rings
- preserving pan

Process

- hot jars out of water
- hot food in jars
- hot jars back into water



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