

2000 CE

2000 CE

- **P. Jois invites Westerners to Mysore** 1964
- **Indra Devi opens studio in LA** 1948
- **Krishnamacharya teaches at Mysore college** 1931-1947

 TIMELINE OF YOGA

- **Yoga introduced to West** 1893
- **Swami Vivekananda Reps India + Hinduism Parliament of World Religion** 1893
- **TKV Krishnamacharya** 1888-1989

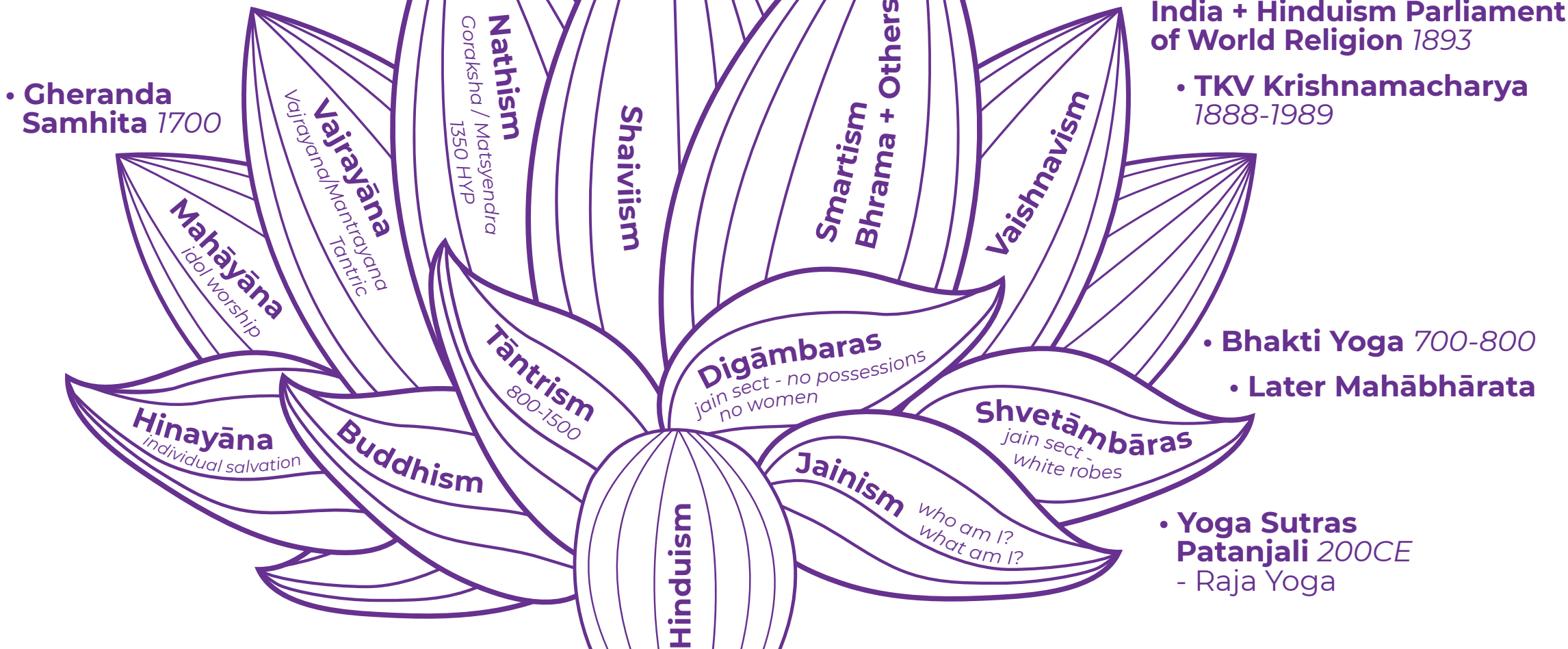
- **Gheranda Samhita** 1700

1500 CE

1500 CE

1000 CE

1000 CE



- **Bhakti Yoga** 700-800
- **Later Mahābhārata**

500 CE

500 CE

200 CE

200 CE

0

0

- **Guatama the Buddha** 500 BCE

- **Bhagavad Gitā** 327-325 BCE

500 BCE

500 BCE

- **Later Upanishads**

- **Aryans expand into Ganges Valley in India** approx 1000 BCE

1000 BCE

1000 BCE

- **Brāhmanas** Commentary on Vedas written between 500-1500 BCE
 - Sama Veda - Atharva Veda
 - Yajur Veda - Rig Veda

- **Migration toward Ganges**
- **Mahābhārata (Early)** 1500 BCE

1500 BCE

1500 BCE

- **Early Upanishads** 1500 BCE

- **Indu Sarasvati Dries up** C. 1900 BCE
- **Hinduism becomes a religion** 1500-2300 BCE

2000 BCE

2000 BCE

- **Vedas** Hymns passed down orally

- **Indus-Sarasvati Vedic Civilization** C. 3300 BCE

2500 BCE

2500 BCE

3000 BCE

3000 BCE

3500 BCE

3500 BCE