

# Module 1

## Game Plan



**Step 1: Schedule** a video-conferencing session for next week.

**Step 2: Watch** “Trust and Control” & take notes.

**Step 3: Post** the definition of Trustworthiness.

**Watch** “Early Childhood Trauma” & take notes.

**Step 4: Watch** “Disrupted Development”

**Step 5: Watch** “Targeted Parents”

**Step 7: Watch** “Setting Up for Success”

**Step 8: Attend** your video-conferencing session.

**Step 9: Decide** who you want to be by answering the 3 questions.

**Step 10: Restructure** your family’s schedules.

**Step 11: Take** the online quiz to proceed to Module 2.