



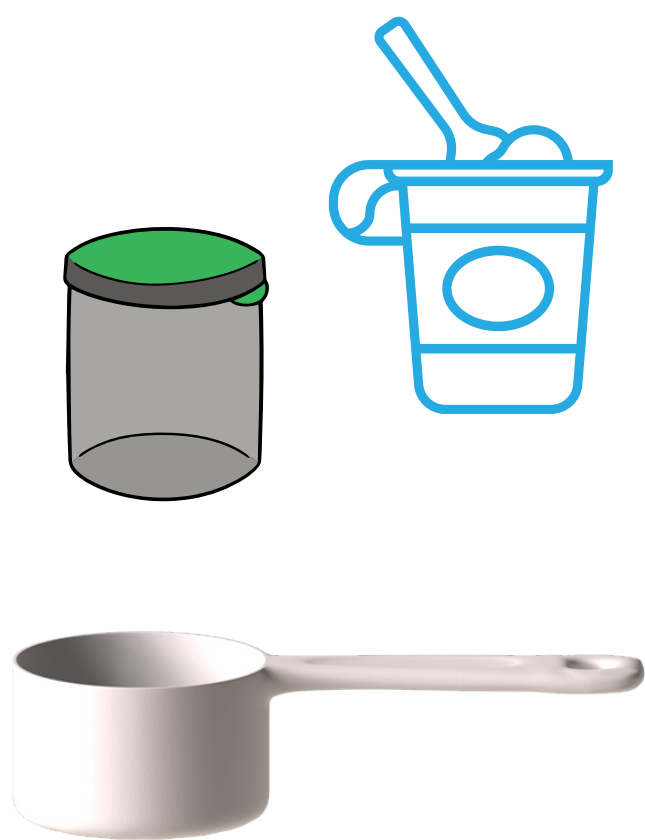
Baby Extra Activities



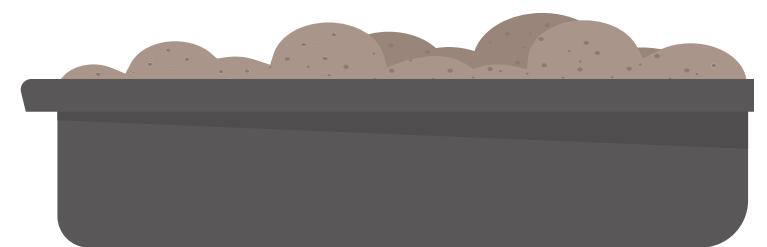
Hands on at Home

Sand Castle Stomp and Smash!

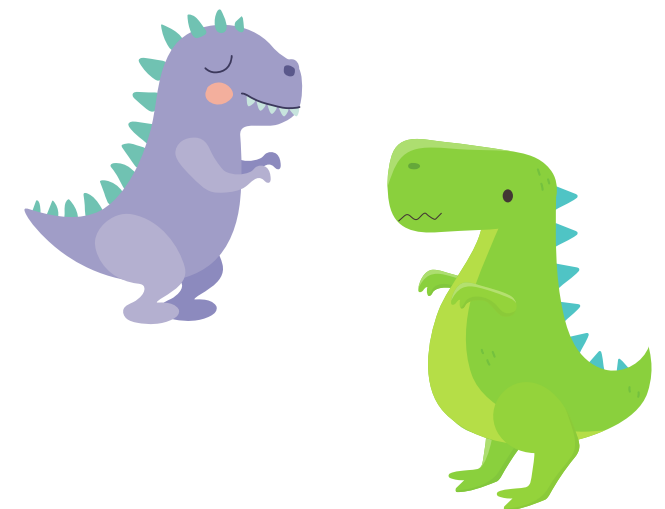
You will need:



Container/tray for sand
Sand



Containers to make castles
eg: small yoghurt containers
Sheet for all the messy play
Toy dinosaurs (optional)

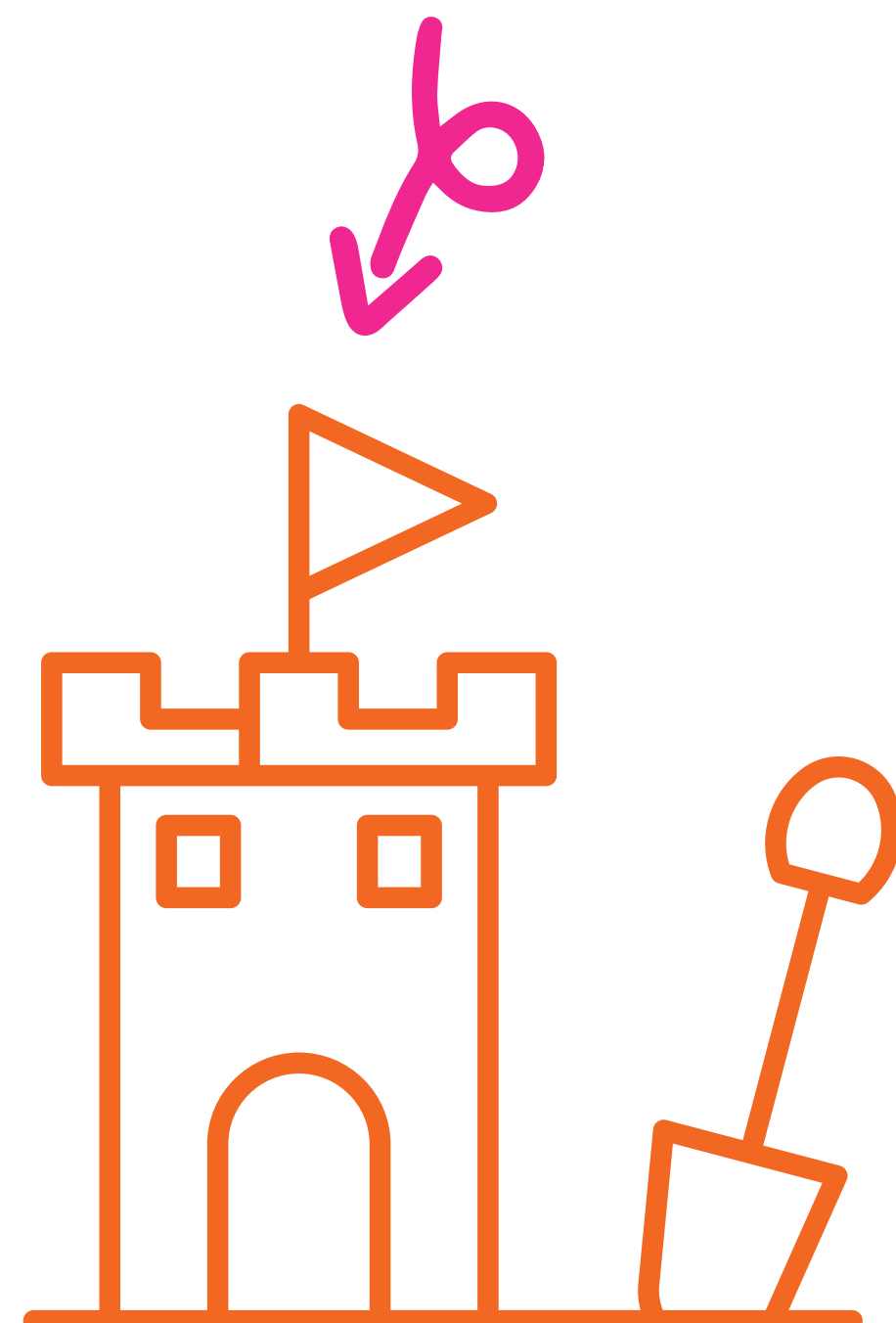


Method:

1. Make some sand castles on a tray or in a tub with low sides
2. Allow some time for your baby to stomp, kick and smash them!



✓ **ACTIVITY**
TIP:
This activity
works your
little one's big
muscles!





Baby Extra Activities



Hands on at Home

Sand Foam Fun

You will need:



To make foam:
¼ cup of tear free bubble bath
½ cup of water
Few drops of food coloring
Hand mixer or whisk
Big bowl
Sand
Toys to hide in foam

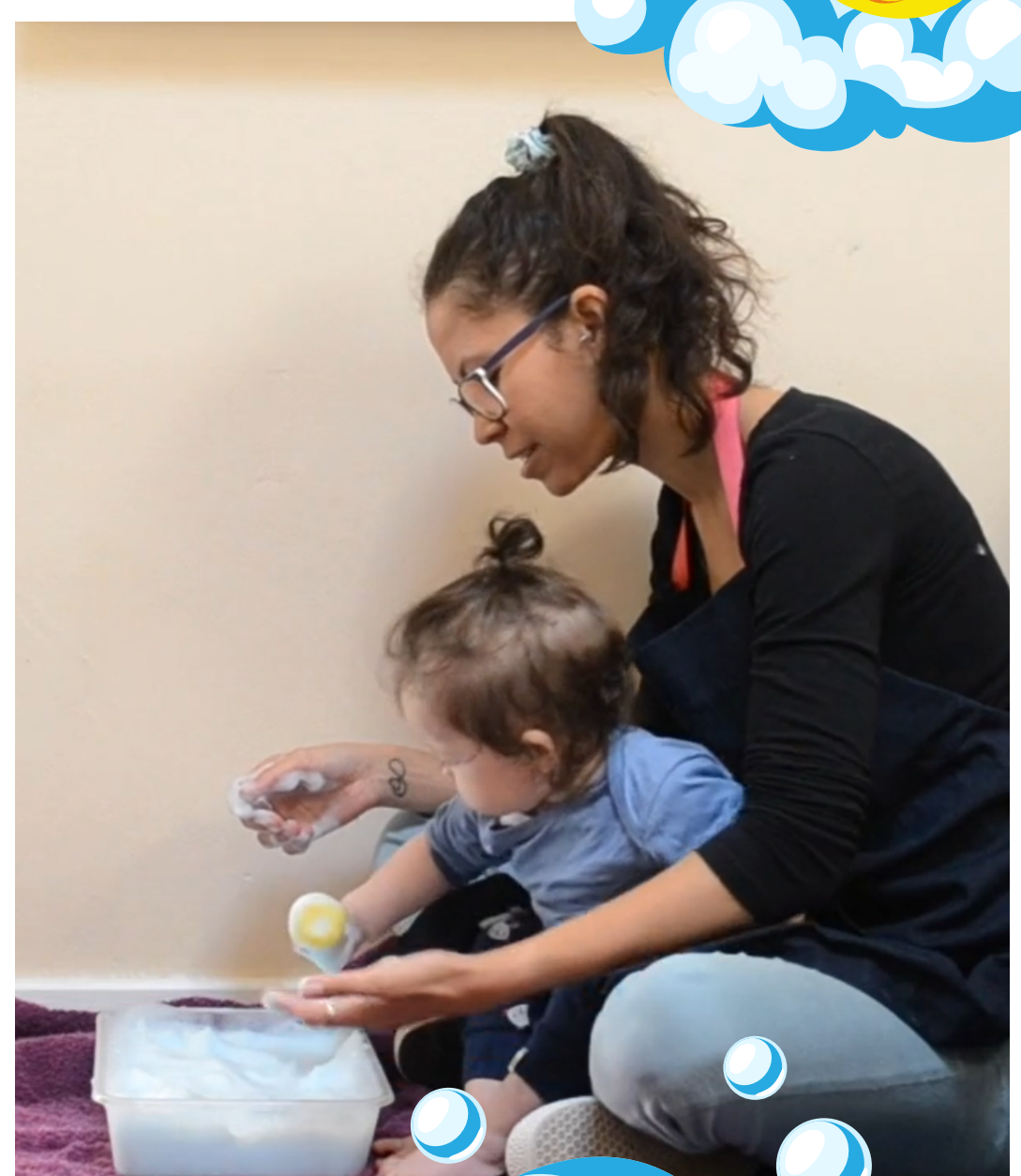


Method:

1. Make some sand foam using the recipe
2. Hide some toys in the foam for your baby to find
3. Describe the texture, colour and smell to your little one as you play



✓ **ACTIVITY**
TIP:
This activity
works your
Little one's
Sensory
Development.



Nanny 'n me
growing together



Baby Extra Activities



Hands on at Home

Water Balloon Catch

You will need:

- A couple of balloons
- A bowl or tub for balloons and extra water
- A space to play that can get wet
- Waterproof clothes on child or change of clothes for after play



Method:

1. Make some small water balloons
2. Place them in a tub of water and encourage your child to try to catch and pick up the balloons



✓ **ACTIVITY TIP:**

This activity works your Little one's Small Muscle Development.



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Baby Extra Activities



Hands on at Home

Little Swimming Ducks

You will need:

A tub of water

Bath ducks

(or other floating toys)

Bubble bath (optional)

Song: “3 Little Ducks went Swimming One Day” – adapt the song for the toys you have eg. 3 little frogs went swimming, or cars or unicorns or whatever!

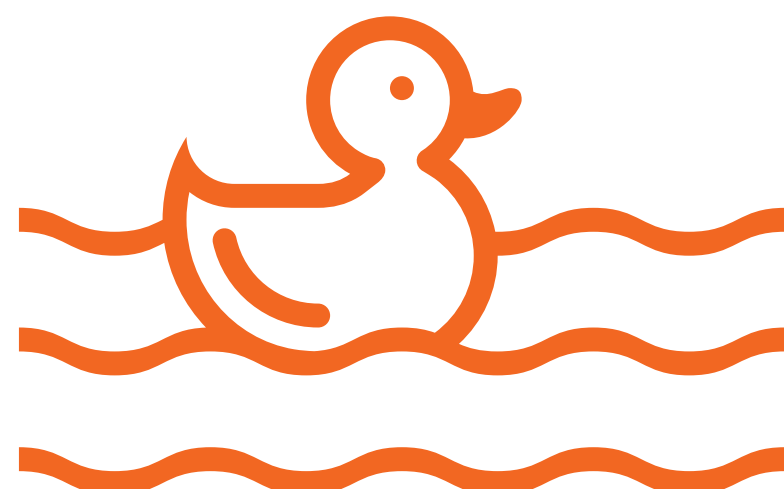


Method:

1. Have some fun water play with ducks or other animals
2. You can encourage Language Development by describing colours, shapes, numbers, prepositions, actions and whatever is happening during play time



ACTIVITY TIP:
This activity is helping your Little one's Language Development.



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