



Exciting HS Journey
College and Career Services

ACT VIRTUAL BOOTCAMP

Kayla's Corner

LECTURE GUIDE

DAY 1



DAY 1

HI MY NAME IS KAYLA REYNOSO, YOUR PERSONAL ACT COACH.

Time Management

In this Time Management Section, Coach Shehy will discuss:

- How much time you have per passage in both English and Reading Sections, and how to budget that time.
- You'll learn about pace and how to avoid blindly guessing.
- If you have any concerns about the ACT, I am here to address them, and also to remind you of all the aspects you're already confident in!

Goal setting

In this section we will discuss goal setting:

- What score you need to meet your goals
 - what doors each score opens
- How your goals will determine how you take the ACT.

By the end of this section you'll have identified:

- what skills you need to master in order to meet your goals.
- And As always, I will be here to help you master those skills and meet your goals.

Day 1 English

You made it to Day 1 English!

- We'll be going over grammar rules that include: commas, semi-colons, colons and practice on where to place them.
- We'll also cover how the test works in general and three crucial tips that you'll use to succeed: Trusting Your Ear, Knowing the Test, and Knowing What is Valued.
- Coach Sheehy will talk about how to eliminate wrong choices and how to choose the right ones.
- You'll go over exercises together - and remember if at any point you need help with any of these exercises I am here for you!

Day 1 Math

Today we'll go over methods to complete each question in one minute exactly.

- The first method being to always always draw a picture first - no matter how imperfect it may be.
- Coach Keene will go over math language and how to translate it into an equation you can solve.
- If you are having trouble translating your practice problems have no fear - I am here to help!

Day 1 Science

We have arrived at our 1st day of Science

- Today we'll discuss data representation and how to spot general trends in the data, including extreme values.
- Coach Keene will go over practice problems and how to approach them. He'll even show you how to save a couple seconds to maximize your time.
- Making connections between graphs, tables and passages can be daunting- don't forget that I am here to help you with any questions you may have.