



Beginners Oil Painting E-Scapes

Recommended Tools & Materials

Brushes:

- Size 6 or size 8 filbert hog brush
- Size 0 or 00 round brush (check on details if suitable for use with oils if you wish them to last)

N.B. Always spend time cleaning your brushes at the end of your painting session.

Paints - 37ml tubes - artist grade

For painting at home, I recommend trying water soluble oil paints. This eliminates the need for solvents. Both the water soluble and traditional oils are available in the following recommended colours:

- Titanium White
- Zinc White* (optional)
- Cadmium Red
- Lemon Yellow
- Cobalt Blue

**zinc white is more transparent than titanium white, therefore better at keeping the vibrancy when using to mix lighter, brighter colours. Titanium white is more dominant and mutes the vibrancy when mixing with colour.*

Canvas – My workshops use 25cm x 30cm pre-stretched, pre-primed canvases (19mm deep). It pays to buy good quality, to prevent warping. It is the foundation for your works of art after all!

Liquin Original - for thinning your paint. Advise purchasing the smaller containers, this is slightly more expensive but once the bottle is opened the liquin does start to degrade (in my experience).

Easel – Windsor newton make good quality table top easels. Or for a DIY alternative lean the canvas against a few stacked books (just remember to cover them and your table top with newspaper or an old cloth)

Pallet – use an ordinary old plate or old chopping board covered in foil.

Kitchen roll – for drying and cleaning your brushes.

Apron – wardrobe protection!

Aluminium foil for covering your pallet and covering paint on your pallet to keep them fresh for use for a few days, although browns do tend to dry quite fast.

Low odour white spirit – **(Only required if using traditional oil paints)**, DIY stores sell this cheaply. Pour small amount into an old jar (with lid) to use. Then let used spirit settle for a day or two and decant to new jar to reuse. This can be done over and over and over again. You can wipe clean and reuse the jar too.

Enjoy Your Oil Painting Journey!!

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