



Use One or Two Quick Pages and Stickers with Notes per Lesson

## Before You Print

You don't need to print out all the printables. Several printables are available if you want them. You do not need all of them for any lesson.

- The most important tool you need is a notebook to take notes.
- The Quick Pages are good for every lesson.
- The stickers, Washi tape and word art are for decoration if you want them.
- The Bible study worksheets are to help you gather and organize your information and thoughts.

## How Long Does a Lesson Take?

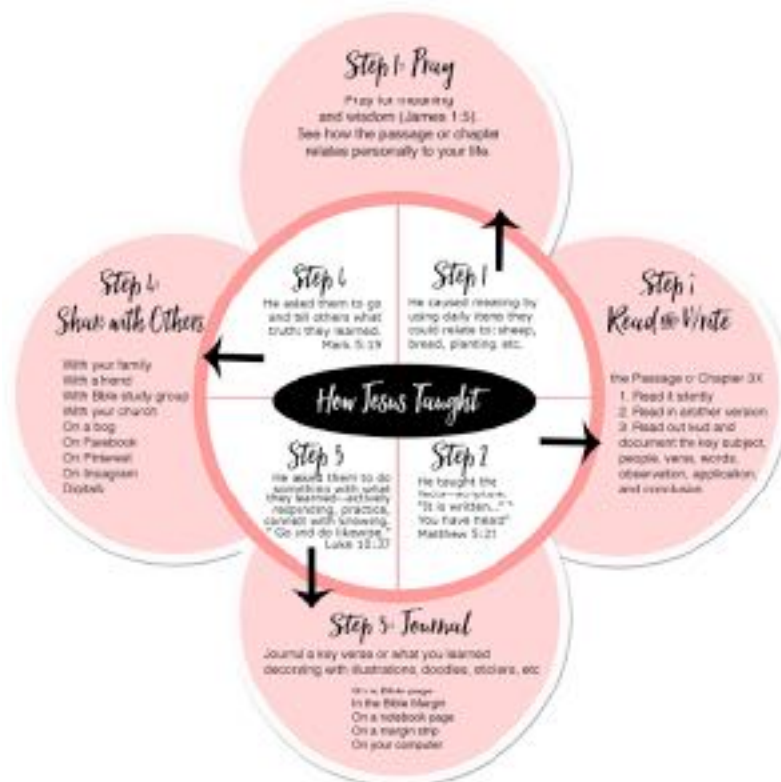
There is no set amount of time for any lesson. That's why you should pray first. Follow the Holy Spirit's leading. A lesson can take thirty minutes to an hour or more. It depends on how much time you have that day.

We can read through the entire Bible in one year in only fifteen minutes a day, but if you stop and study (look up words, related passages, etc.) for in-depth study it obviously will take longer—but no longer than the average TV show.

## Supplies

- Colored pencils or markers
- Quick Pages (if you type in them, don't print until after you've finished the lesson. If you write in them, print before you start the lesson)
- Printed stickers and word art for decoration
- Notebook or scratch paper
- Worksheet for that specific lesson (when required)

## Four Steps



1. Read the lesson
2. Read the Bible passage
3. Fill in the boxes in the Quick Page (type in Adobe or write by hand) with
  - Verses

- Cross-reference verses
  - Thoughts
  - Quotes
  - Notes (If the notes are too big for one box, make it a two-box size with your extra papers)
  - Decorate with the stickers and Washi tape in the kits (if you have time and desire)
4. At the end of the study you will have twenty-two pages, or you can fill out two pages for each lesson and you will have forty-four pages, or one to two pages, depending on the lesson.

## Remember

The heart of Bible journaling starts hours before you actually start working on the page. I use these four steps, and they might work for you too. Bible journaling is something you do all day, not just when you sit down to craft. It's praying and listening God through the day.

Read [2 Kings 22](#). Josiah finds the book of the law and reads it. Distressed, realizing how far they've departed from the word of God, he tears his clothing. America's founding principles were based on God's word but now it's not allowed in our schools. We have to get back to the Bible like Josiah did. God had mercy on Josiah. He will have mercy on us. There are untold blessings for focusing on God. Watch for them!

## No Right Way

Everyone technique is different; there is no right way. You can doodle icons, circle and double underline key words, make an amazing painting, sketch a cartoon, use die cuts, stickers and Washi tape, color a page, watercolor a background, use the [Inductive method](#) or place symbols. What I do is create a digital page on my computer or a combination of all the above.

## Fast-Food Journaling

I keep a basket of colored pens, pencils and Washi tape next to a basket of devotionals in my bedroom. I prop myself up and have coffee in bed as I read from my [basket of devotionals](#). I use all four of these steps:

1. Pray
2. Read and write
3. Make it pretty
4. Share

Making it pretty might only be a few notes in colored pencils and a sticker or Washi tape. I consider this to be like fast-food journaling, like some days you only have time for fast food for dinner.

On other days I pull out my Bible study tools and take over the dining room table for hours with rolls of Washi tape and baskets of stickers and colored markers for a Bible study banquet.

Remember, these steps are guidelines, not rules. Some days you will have time for a deep nutritional study and some days you will only have time for fast food; but please do not just read one verse and then color that one verse because that would be missing the heart of Bible journaling.

Where you journal is also your unique choice: in a Bible margin, in a devotional, in a planner, in a notebook, a sketchbook, a praise book, etc.

## When You Share

I challenge you to share a few lines of what God taught you every time you share a Bible journaling page. It's okay to share about the methods or supplies you used, but **do not miss the heart of Bible journaling.**

What did God put **in your heart** as you colored or doodled? The transformation in your heart is much, much more important than a pretty page. Don't just wash the outside of the cup! Develop your relationship with God. Grow to know him. Your pages will reflect the beauty from the joy of knowing your Father!

