

BEING THERE

Welcome!

How lovely to have you join me in your very own Garden of Eden. A paradise within yourself that has no boundaries or limits. A paradise that can neither be destroyed nor created by anyone else other than yourself.

This is a magical journey - a truly authentic and different way of viewing your 'Self'. You will look at your life through different lenses of perception and you will finally find the resting place that your soul longs for every minute of every day.

You might not know this, but in 1979, Peter Sellers starred in a movie called 'Being There'. The movie is about simple-minded Chance (Peter Sellers), a gardener who has lived in the Washington, D.C., townhouse of his wealthy employer for his entire life and been educated only by television, is forced to vacate his home when his boss dies. While wandering the streets, he encounters business mogul Ben Rand (Melvyn Douglas), who assumes Chance to be a fellow upper-class gentleman. Soon Chance is ushered into high society, and his unaffected gardening wisdom makes him the talk of the town. Here is Chance, talking about gardening, and everyone he meets, thinks he is this wise guru who portrayed life like a garden. Well, he was not far wrong, because life is indeed like a garden. And here is why.



Your life is a myriad of colors. Some colors bright, others dull, others soft in hue.

Let us for a moment, think of your mind like a garden. You cultivate thoughts every single minute of every single day. Some thoughts are beautiful, like a blooming rose on a summer's day. Other thoughts are harmful, like weeds that strangle the strong trees growing in your garden. Left unchecked, the weeds can overrun your garden and leave a daunting mess for you to clean up.



JUST BE THERE

Welcome to the Garden of Your Soul - your very own Garden of Eden. This program will show you how to tend for your garden, how to enter your garden and how to create your own safe place in this world. Just let it be. Being There. That is all that matters. And know this, we are all gardeners of life, so learn the art of pruning and so much more, from those who have already cultivated wonderful Garden of Eden's for themselves.

You do not tug at a plant to grow. You just let it be. You water it. You keep it clear of weeds and parasites. You give it nutrients. You care for it. You don't rush the growing process. You don't force something to happen. It happens on its own. The same goes with your life. Don't rush to 'arrive'. Just be. Let life happen and unfold in its own mysteriously wondrous way.

Namaste - the light in me sees the light in you.