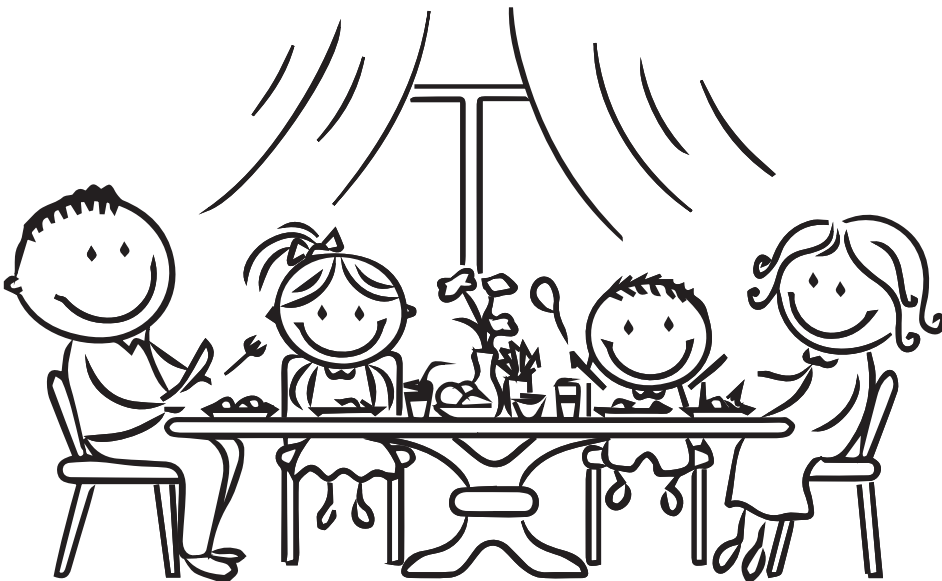
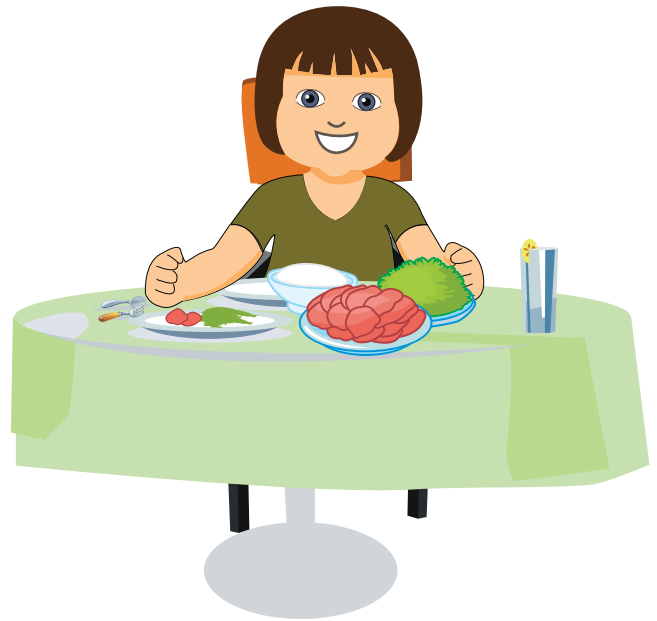


Good eating habits

Take your meal on proper time.



**Colour
me**

Good eating habits

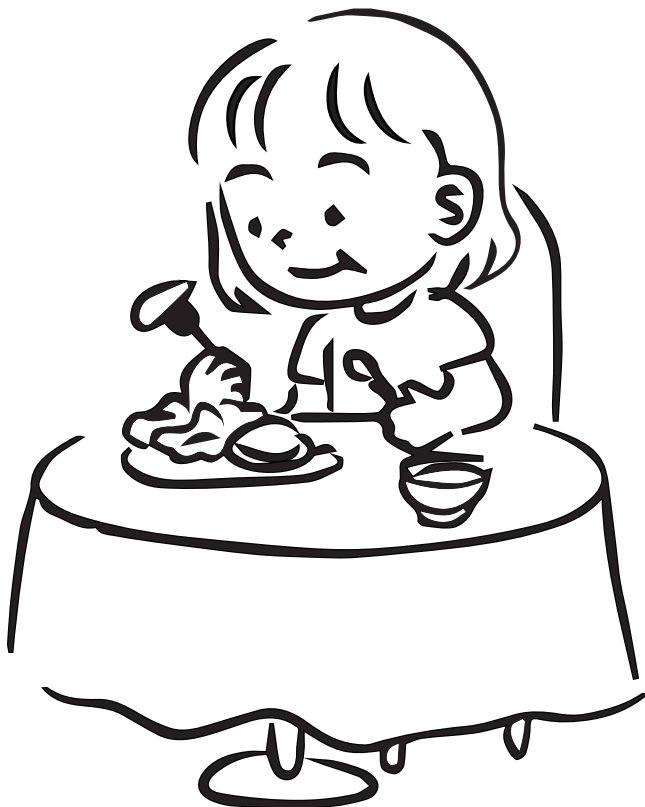
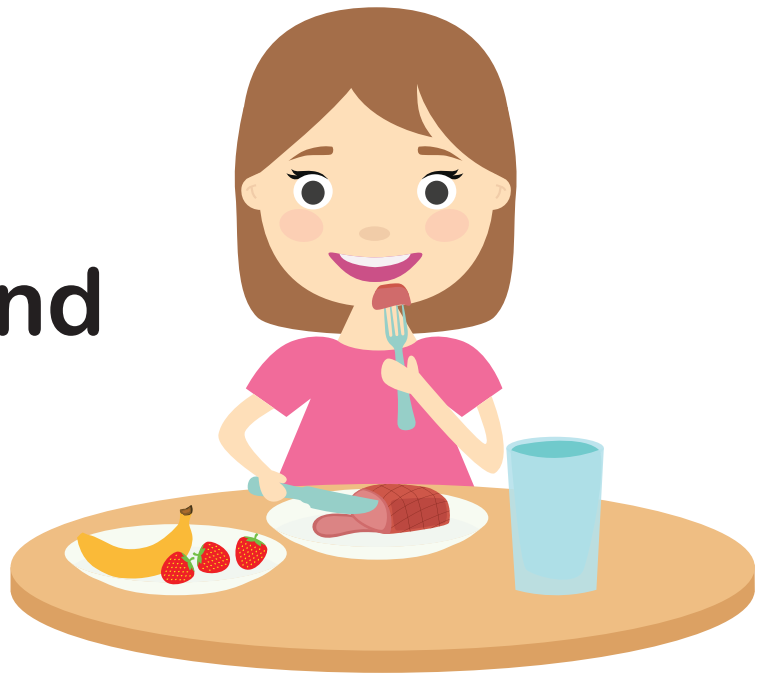
**Wash your hands
before taking meal**



**Colour
me**

Good eating habits

Use right hand
to eat



Colour
me

Good eating habits

**Don't take water
immediately after food**



**Colour
me**

Good eating habits

**Wash your mouth
after food**



**Colour
me**