

HABITS THAT HELP ME HOLD ON IN HARD TIMES

Shaping Your Future Self – Part 4

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“You’ve accepted Christ Jesus as your Lord. Now KEEP ON following him.”
Colossians 2:6 (CEV)

1. KEEP _____

“If you KEEP YOURSELF pure, you will be a utensil God can use for his purpose. Your life will be clean, and you’ll be ready for the Master to use you for every good work.”
2 Timothy 2:21 (NLT)

“KEEP a clear conscience before God so that when people throw mud at you, none of it will stick.”
1 Peter 3:16 (MSG)

“Hate what’s evil, and HOLD ON to what is good.”
Romans 12:9 (TEV)

“Search me, O God, and know my heart; test me and know my thoughts. Point out anything in me that offends you.”
Psalm 139:23-24 (NLT)

“Those with clean hands will grow stronger and stronger!”
Job 17:9 (NIV)

2. KEEP _____

“Keep your eyes open for God, watch for his works; be alert for signs of his presence.”
Psalm 105:4 (MSG)

“Wise men and women are always learning, and always listening for fresh insights.”
Proverbs 18:15 (MSG)

“Brothers, be united in imitating me. Keep your eyes fixed on those who act according to the example you have from me.”
Philippians 3:17 (NJB)

“I pray that the eyes of your hearts will be flooded with light so that you can understand the wonderful future he has promised to those he called.”
Ephesians 1:18 (NLT)

3. KEEP _____

“Through thick and thin, keep your hearts at attention, in adoration before Christ.”
1 Peter 3:15 (MSG)

“Never give up praying. Keep on being alert and keep being thankful!”
Colossians 4:2 (CEV)

“Never be lacking in zeal, but keep your spiritual fervor, serving the Lord.”
Romans 12:11 (NIV)

“Do you see what we’ve got? An unshakable kingdom! And do you see HOW THANKFUL WE MUST BE? Not only thankful, but brimming with worship, deeply reverent before God!”
Hebrews 12:28 (MSG)

4. KEEP _____

“You, Lord, give perfect peace to those who keep their purpose firm and put their trust in you.”
Isaiah 26:3 (TEV)

“Give yourselves completely to God—every part of you. You want to be tools in the hands of God, to be used for his good purposes.”
Romans 6:13 (LB)

“We humans keep brainstorming options and plans, but God’s purpose prevails.”
Proverbs 19:21 (MSG)

“David served God’s purpose in his own generation.”
Acts 13:36a (NIV)

“Anyone who lets himself be distracted from the work I plan for him is not fit for the Kingdom of God.”
Luke 9:62 (LB)

5. KEEP _____

Jesus: “But the seed in the good earth—these are the good-hearts who seize the Word and HOLD ON NO MATTER WHAT, sticking with it until there’s a harvest.”
Luke 8:15 (MSG)

“Within yourself, before God, HOLD ON to what you already believe.”
Romans 14:22 (NJB)

“I grasp and cling to whatever you tell me.”
Psalm 119:31 (MSG)

“God has given us both his promise and his oath. These two things are unchangeable because it is impossible for God to lie. Therefore, WE HOLD ON to his promise with confidence.”
Hebrews 6:18 (NLT)

6. KEEP _____

“Keep your mind on Jesus, who put up with many insults from sinners. Then YOU won’t get discouraged and give up.”
Hebrews 12:3 (CEV)

“Keep your eyes on Jesus, who both began and finished this race we are in. Study how he did it. Because he never lost sight of where he was headed—he could put up with anything along the way: Cross, shame, whatever. And now he’s there, in the place of honor, right alongside God.”
Hebrews 12:2 (MSG)

1. my life clean 2. my eyes open 3. my heart grateful

在艱難日子幫助我堅持下去的習慣

塑造未來的自己 – 第四部

華理克牧師

2022年2月6日

「你們既然接受了基督耶穌為你們的主，就要堅持跟從他。」

歌羅西書 2:6 (新普及譯本/意譯)

1. 保持我的_____

「你如果潔身自愛，就會成為有尊貴用途的特殊器皿；你的生命將是潔淨的，你也會準備好被主人使用，去做各樣美善的事。」

提摩太後書 2:21 (新普及譯本)

「當存無愧的良心，使那些誣賴你們...的人，在毀謗你們的事上蒙羞。」

彼得前書 3:16 (新譯本)

「惡，要厭惡；善，要持守。」

羅馬書 12:9 (新漢語譯本)

「上帝啊，求你鑒察我，瞭解我的心；考驗我，知道我切切記掛的。求你指出我裏面何處得罪了你，引導我走永生的道路。」

詩篇 139:23-24 (新普及譯本)

「義人不斷前進，雙手清潔的人越來越強。」

約伯記 17:9 (新普及譯本)

2. 保持我的_____

「要睜開眼睛尋找上帝，察看他的作為，要警覺祂同在的跡象。」

詩篇 105:4 (意譯)

「聰明人隨時隨地學習，他們豎起耳朵，聆聽知識。」

箴言 18:15 (新普及譯本)

「弟兄們，你們要一同效法我，也要留意那些仿效我們留給你們的榜樣而行的人。」

腓立比書 3:17 (新漢語譯本)

「我又祈求他讓你們心中充滿光明，使你們能認識那確實的盼望。他已經把這個盼望賜給了他所召喚的人。」

以弗所書 1:18 (新普及譯本)

3. 保持我的_____

「只要敬拜基督，以他為你們生命的主。」

彼得前書 3:15 (新普及譯本)

「你們要以警醒的腦袋和感恩的心專注地禱告。」

歌羅西書 4:2 (新普及譯本)

「不可懶惰，倒要辛勤工作，熱心服侍主；」

羅馬書 12:11 (新普及譯本)

「既然我們得到的是一個不能被震動的國，就讓我們懷着虔誠敬畏的心敬拜上帝，向他感恩，討他喜悅。」

希伯來書 12:28 (新普及譯本)

4. 保持我的_____

「你要使所有信靠你和專心仰望你的人全然平安！」

以賽亞書 26:3 (新普及譯本)

「你們應該把自己完全獻給上帝...所以你們要用整個身體作行正直事的工具，好榮耀上帝。」

羅馬書 6:13 (新普及譯本)

「大衛在世的日子遵行上帝的旨意。」

使徒行傳 13:36 (新普及譯本)

「手扶着犁又回頭看的人，不適合上帝的國。」

路加福音 9:62 (新普及譯本)

5. 保持我的_____

「至於落在肥沃土壤裏的種子，是指那些誠實良善的人，聽到上帝的道，就緊緊把握，耐心地結出豐碩的收成。」

路加福音 8:15 (新普及譯本)

「我持守你的法度。」

詩篇 119:31 (新普及譯本)

「上帝已經向我們應許，又對我們起誓，這兩樣都是不改變的，因為上帝不可能說謊。因此，我們...滿懷信心地持守那擺在我們前面的盼望。」

希伯來書 6:18 (新普及譯本)

6. 保持我的_____

「這位忍受罪人那樣頂撞的耶穌，你們要仔細思想，免得疲倦灰心。」

希伯來書 12:3 (新普及譯本)

「一直注視着耶穌，他是得勝者，開啓我們的信心，也成全我們的信心。因為喜樂在前面等着他，他就輕看羞辱，忍受了十字架的苦難。現在他坐在上帝的寶座旁邊那尊貴的座位上。」

希伯來書 12:2 (新普及譯本)

1. 生命潔淨 2. 眼睛睜開 3. 心靈感恩