

CAREER DIRECT GUIDANCE SYSTEM

Dr Mario Denton



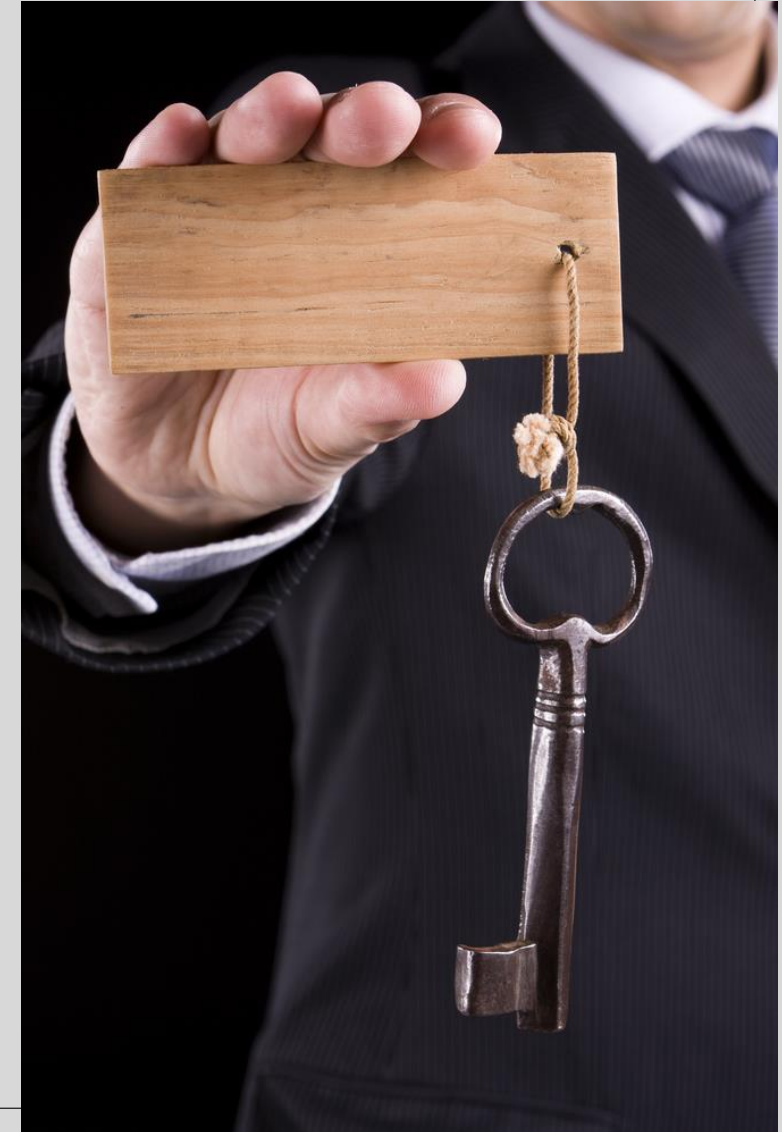
YOUNG ADULTS

**Millions people build their careers on faulty
foundations. You will discover the true
Foundations.**



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ENTER TO LEARN – LEAVE TO SERVE
Industrial Psychologist (MeCon, MBA, PhD)

CAREER GUIDANCE GRADE 10 - 12



WHY IS CHOOSING A CAREER SUCH AN IMPORTANT CHOICE?



WHO IS RESPONSIBLE FOR YOUR CAREER?



WHAT DO I WANT TO DO WITH THE REST OF MY LIFE?



HOW DO I CHOOSE A CAREER?

1. **Gather information about myself**
2. **Gather information about the World of Work**



GATHERING INFORMATION ABOUT MYSELF

- **What am I interested in most?**
- **What am I good at?**
- **What do I like and dislike?**
- **What is important to me in life?**
- **What kind of work environment would be important to me one day?**
- **What is my Temperament? Do I like to work under stress? Specialize or generalist?**
- **Pay, work hours, working conditions?**

GATHERING INFORMATION ABOUT MYSELF

Personality	Interests	Abilities	Values
Practical Sensitive Outgoing Shy Logical Controlled Generous Intellectual Conscientious Assertive Creative Emotional Decisive Ambitious	Practical/ Concrete Analytical / Abstract Creative arts Caring / support Business / management Administrative / methodical	Practical/ Concrete Analytical / Abstract Creative arts Caring / support Business / management Administrative / methodical	Creativity Management Achievement Way of life Security Aesthetic Independence Prestige Variety Economic return Intellectual stimulation Associates

GATHERING INFORMATION ABOUT THE WORLD OF WORK

- **What different career fields are available?**
- **What different careers are there in these fields?**
- **What jobs are available in these fields?**
- **What subjects do you need to study in the different career fields?**
- **How do you make a choice?**

Gathering information about the World of Work: Continued

- Where can you get more information about careers?
- Where do I go to study further? What is the difference between a University, University of Technology and College?
- Where can you get money to study further?
- Which jobs are scarce?
- What can I do to make myself employable?

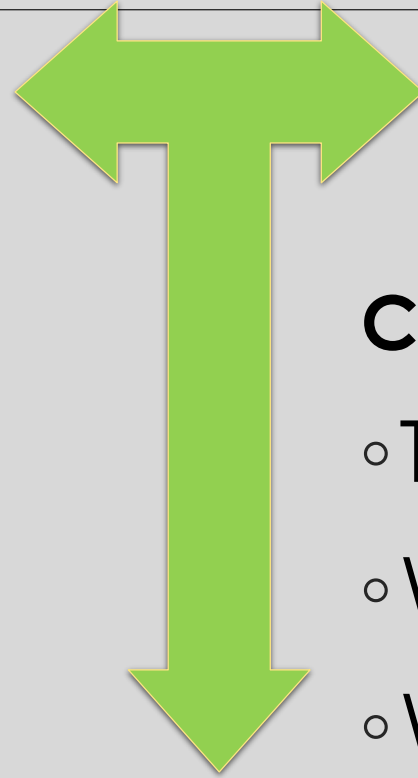
HOW DO I CHOOSE A CAREER?

- **Marry the two to refine your search**



Self-knowledge

- Personality
- Interests
- Abilities/skills
- Values



Career knowledge

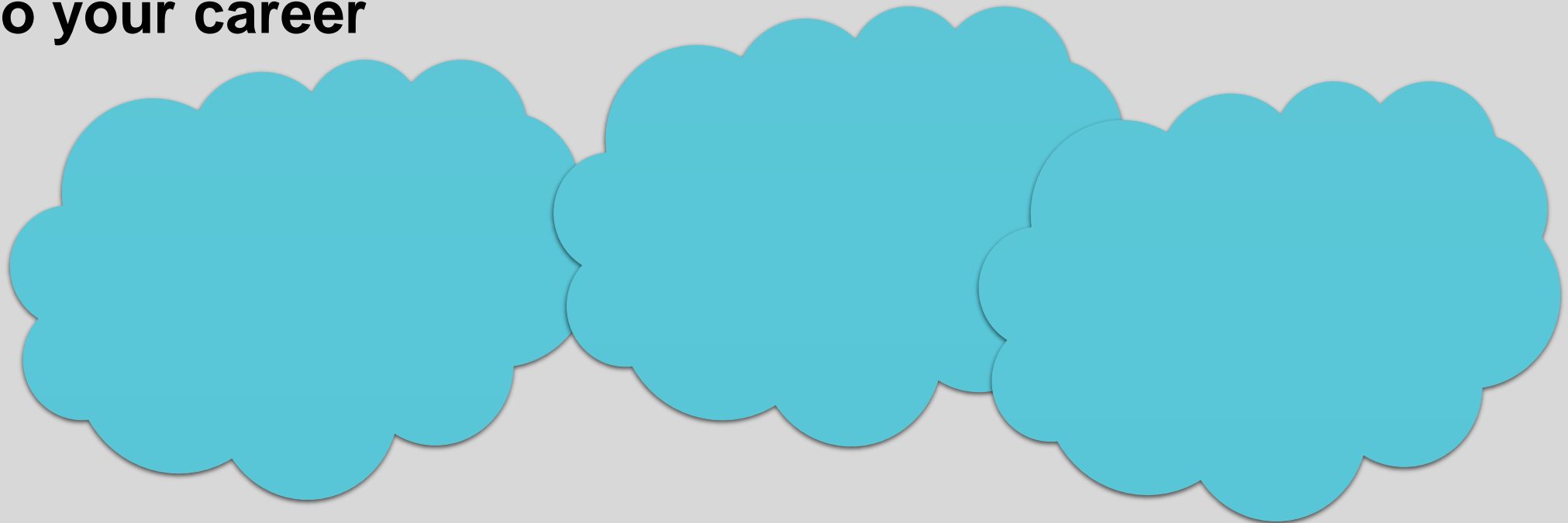
- Type of career
- Work conditions
- Workplace
- Remuneration

GETTING TO KNOW MYSELF

- **Answer the following questions about yourself.**
- **Be very honest.**
- **This is not a test.**
- **This is an explorative exercise to help you in your career choice.**

DREAMS

- **What are your dreams for the future? Refer specifically to your career**



TALENTS AND ABILITIES

Abilities and talents	Very good at	Good at	Average	Not good at
Language and presentation				
Maths and calculations				
Business and accounting				
Artistic and creative skills				
Physical abilities – sport				
Practical skills – designing and building models / structures				
Methodological skills – administrative and organisational skills				
Leadership skills				

TALENTS AND ABILITIES

What I am really good at:	What I am not good at:

HOBBIES & SPECIAL INTERESTS

What are your hobbies and special interests?

1. _____

2. _____

3. _____

4. _____

5. _____

JOB INTERESTS

List 5 jobs that you can see yourself doing in the future

1. _____

2. _____

3. _____

4. _____

5. _____

LIFESTYLE AND WORK STYLE PREFERENCES & VALUES

- 1. How do I want to live and work for the rest of my life?**
- 2. What is important to me?**
- 3. What makes me happy / gives me satisfaction?**

HOW DO YOU VALUE THE FOLLOWING ELEMENTS OF A JOB?

HOW DO YOU VALUE THE FOLLOWING ELEMENTS OF A JOB?	VERY IMPORT ANT = 2 POINTS	SOME WHAT IMPORT ANT = 1 POINT	NOT IMPORT ANT = 0 POINTS
1. REALISTIC AND PRACTICAL ELEMENTS			
Want to see results from your work and what you have achieved			
Like to work step by step and in a systematic way			
Use results from previous experience to solve current problems			
Prefer to do a job on your own			
Like precision where little can go wrong			
Like to carry on with traditions – do things as they have always been done			
Total score:			

HOW DO YOU VALUE THE FOLLOWING ELEMENTS OF A JOB?	VERY IMPORTANT = 2 POINTS	SOMEWHAT IMPORTANT = 1 POINT	NOT IMPORTANT = 0 POINTS
2. FINANCIAL AND ADMINISTRATIVE ELEMENTS			
Prefer regular work hours			
Prefer to work according to procedures and rules and to know what is required from you			
Want to contribute your skills to the company			
Prefer clearly outlined tasks and responsibilities			
Prefer secure employment and stability			
Prefer work that requires the exact use of information			
Total score:			

HOW DO YOU VALUE THE FOLLOWING ELEMENTS OF A JOB?

**VERY
IMPORTANT
= 2 POINTS**

**SOMEWHAT
IMPORTANT
= 1 POINT**

**NOT
IMPORTANT
= 0 POINTS**

3. OUTDOOR AND ENVIRONMENTAL ELEMENTS

Concerned about the environment and what people do to it

Prefer physical activity and to move around frequently

Prefer to dress casually and be yourself

Prefer to work outdoors

Like to do hard or physically challenging work

Like to be in environments where you can observe and take physical action

Total score:

HOW DO YOU VALUE THE FOLLOWING ELEMENTS OF A JOB?	VERY IMPORTANT = 2 POINTS	SOMEWHAT IMPORTANT = 1 POINT	NOT IMPORTANT = 0 POINTS
4. SCIENTIFIC INVESTIGATION AND MATHS			
Have work responsibilities that allow considerable investigation and analysis on your own			
Expand your knowledge and seek to understand new things			
Have freedom to make decisions in your work			
Contribute to scientific findings			
Come up with new ideas and thoughts after breaking facts into smaller parts			
Solving complex mathematical problems			
Total score:			

HOW DO YOU VALUE THE FOLLOWING ELEMENTS OF A JOB?	VERY IMPORTANT = 2 POINTS	SOMEWHAT IMPORTANT = 1 POINT	NOT IMPORTANT = 0 POINTS
5. ARTISTIC AND CREATIVE ELEMENTS			
Want to create something beautiful			
Want to express your uniqueness			
Allow your imagination to flow freely			
Reach others through your creations			
Want to set your own pace and lifestyle			
Want a workplace that reflects your lifestyle and interests			
Total score:			

HOW DO YOU VALUE THE FOLLOWING ELEMENTS OF A JOB?	VERY IMPORTANT = 2 POINTS	SOMEWHAT IMPORTANT = 1 POINT	NOT IMPORTANT = 0 POINTS
6. SERVICE AND SOCIAL ELEMENTS			
Want to make a difference to people's lives			
Like to have time to develop personal relationships			
Want to experience personal growth			
Give support, advice and guidance to people			
Receive personal gratitude from others for your work			
Work with others toward a common goal			
Total score:			

HOW DO YOU VALUE THE FOLLOWING ELEMENTS OF A JOB?

VERY
IMPORTANT =
2 POINTS

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0 POINTS

7. ENTREPRENEURIAL AND LEADERSHIP ELEMENTS

Like to compete with others

Like a job with challenges and opportunities where you can take a risk

Would like economic security and a good salary

Want to earn respect and a good image or status

Would like to influence people

Would like to be a leader and take charge of situations

Total score:

BLESSINGS FROM MARIO DENTON

Let's keep the good coaching vibes alive. Let's network.

Become a member of the Strong Message People and Change Management Coaching Forum.

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