



Baby Crab Main Activity



This week we will be looking at the link between emotional regulation and thinking development. Our sea creature for the session is a crab!

You will need:

- A4 watercolour paper/white cardboard/canvas
- Blue and red paint
- Sponge
- 2 white circle stickers
- Marker
- Beach sand
- Glue
- Tray

Method:

1. Put your paper on a tray to paint.
2. Using the sponge, assist your baby to paint the top half of the page blue like the sea.
3. Using your baby's hands, assist them to spread a thin layer of glue over the bottom half of the canvas under the blue sea.
4. Wash and dry their hands thoroughly
5. Pour the sand into a container for your baby to reach into and explore.
6. Help your baby to put sand over the glue to create a beach. Tilt your painting sideways for the excess sand to fall off onto the tray.
7. Let your picture dry.
8. When it is dry pour red paint onto a tray. One hand at a time, dip your baby's hand into the paint and make a hand print with the finger tips facing outwards.
9. Do the same with the other hand on the other side of the canvas to create a crab.
10. When dry, help your baby to add stickers as eyes and to draw on a mouth.



Remember to let your little one explore at each step of the activity! Let them explore the paint and the sand before using it for that step of the activity.



While waiting for your painting to dry pass the time by singing crab songs and reading crab books.

