

## HABITS THAT HELP ME HOLD ON IN HARD TIMES (CONTINUED)

Shaping Your Future Self – Part 6

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### 1. KEEP MY LIFE CLEAN!

2 Timothy 2:21 (NLT) Job 17:9 (NIV)

### 2. KEEP MY EYES OPEN!

Psalms 105:4 (MSG) Proverbs 18:15 (MSG)

### 3. KEEP MY PURPOSE FIRM!

Isaiah 26:3 (TEV) Romans 6:13 (LB) Acts 13:36 (NIV)

#### God's 5 Purposes for My Life

### 4. KEEP MY HEART GRATEFUL!

Ephesians 5:13 (LB) Colossians 4:2 (CEV)

### 5. KEEP \_\_\_\_\_

"We pray that you will be filled with God's mighty, glorious strength so that you can keep going no matter what happens." Colossians 1:11 (LB)

"Let every detail in your lives—words, actions, whatever—be done in the name of Jesus, thanking God the Father every step of the way." Colossians 3:17 (MSG)

#### THE STEPS FOR ACCOMPLISHING A GOD-GIVEN GOAL

### 1. WRITE \_\_\_\_\_

"Write down the vision! Make it clear on a tablet, so that anyone can read it quickly." Habakkuk 2:2 (GW)

"Commit to the Lord whatever you do, and then your plans will succeed." Proverbs 16:3 (NIV)

### 2. MAKE \_\_\_\_\_

"Hold on to good planning and good sense. Don't let them out of your SIGHT!" Proverbs 3:21

(Isaiah) "The Lord said to me, 'Take a large scroll and write on it in large letters!'" Isaiah 8:1 (TEV)

### 3. ASK GOD TO \_\_\_\_\_

"Show me the path where I should walk, O Lord; point out the right road for me to follow. Lead me by your truth and teach me." Psalm 25:4-5 (NLT)

"The steps of good people are directed by the Lord. He delights in each step they take." Psalm 37:23 (LB)

### 4. IDENTIFY BARRIERS \_\_\_\_\_

"A sensible man watches for problems ahead and prepares to meet them. The fool never looks ahead and suffers the consequences."

Proverbs 27:12 (LB)

"The wise man looks ahead. The fool attempts to fool himself and won't face the facts." Proverbs 14:8 (LB)

### 5. DRAW A \_\_\_\_\_

"A prudent man gives thought to his steps." Proverbs 14:15 (NIV)

"Know where you are headed, and you will stay on solid ground." Proverbs 4:26 (CEV)

### 6. ENLIST \_\_\_\_\_

"It's better to have a partner than go it alone. You get more done working together. If one person falls, the other can reach out and help. But people who are alone when they fall are in real trouble."

Ecclesiastes 4:10 (MSG/NLT)

### 7. REALIZE \_\_\_\_\_

"A righteous person may fall seven times, but he gets up again." Proverbs 24:16 (GW)

"You watch over every step I take, but you won't keep track of my missteps." Job 14:16 (MSG)

### 8. TAKE \_\_\_\_\_

(Paul) "I run straight to the goal with purpose in EVERY STEP. I am not like a boxer who misses his punches." 1 Corinthians 9:26 (NLT)

"Let every detail in your lives—words, actions, whatever—be done in the name of the Master, Jesus, thanking God the Father every step of the way." Colossians 3:17 (MSG)

"Since we live by the Spirit, let us keep in step with the Spirit." Galatians 5:25 (NIV)

"God sees my ways and counts every step I take!" Job 31:4 (NCV)

1. moving toward my goals
2. my goals on a prayer list and pray daily
3. my goals visible
4. show me the steps I need to take
5. Why don't I have it already?
6. step ladder showing each step
7. enlist a friend to walk with me
8. missteps are how we learn
9. a baby step every day

## 在艱難日子幫助我堅持下去的習慣 (續)

塑造未來的自己 – 第六部

華理克牧師

2022年2月20日

### 1. 保持我的生命潔淨

提摩太後書 2:21；約伯記 17:9

### 2. 保持我的眼睛睜開

詩篇 105:4；箴言 18:15

### 3. 保持我的目的堅定

以賽亞書 26:3；羅馬書 6:13；使徒行傳 13:36

上帝對我人生的五個目的

### 4. 保持我的心靈感恩

以弗所書 5:13；歌羅西書 4:2

### 5. 保持

「我們還祈求上帝用他榮耀的大能使你們更加堅固，以致你們具備所需要的堅毅和忍耐。」  
歌羅西書 1:11 (新普及譯本)

「無論做甚麼，或說話或行事，都要奉主耶穌的名，藉著每一步感謝父神。」  
歌羅西書 3:17 (和合本/意譯)

完成上帝賦予的目標的步驟

### 1. 把我的目標寫在祈禱清單上，

「把異象寫下，清楚地記在泥版上，使讀的人容易明白。」

哈巴谷書 2:2 (新譯本)

「把你所做的交託上主，你的計劃就必成功。」  
箴言 16:3 (新普及譯本)

### 2. 使我的目標

「我兒，要謹守大智慧和明辨的態度，不可讓它們離開你的眼目。」

箴言 3:21 (新譯本)

「那時上主對我說：做一個巨大的牌匾，清楚地寫上...」

以賽亞書 8:1 (新普及譯本)

### 3. 求上帝指明我須要採取的

「耶和華啊，求你將你的道指示我，將你的路教訓我！求你以你的真理引導我，教訓我...」  
詩篇 25:4-5 (和合本)

「上主引導義人的腳步，他喜悅他們所行的每一步。」

詩篇 37:23 (新普及譯本/意譯)

### 4. 找出障礙：

「精明的人預見危險，小心防備；無知的人盲目前行，深受其害。」

箴言 27:12 (新普及譯本)

「精明的人知道自己的方向，愚昧的人卻欺騙自己。」

箴言 14:8 (新普及譯本)

### 5. 把每個步驟

「精明的人卻步步為營。」

箴言 14:15 (新普及譯本)

「你要謹慎你腳下的路徑，你一切所行的就必穩妥。」  
箴言 4:26 (新譯本)

### 6. 邀請一位朋友

「二人勝過一人，因為他們一起的勞碌有美好的酬報。如果一個跌倒，另一個可以把他的同伴扶起來。但一人孤身跌倒，沒有別人把他扶起來，他就悲慘了。」  
傳道書 4:10 (新譯本)

### 7. 要明白 是我們學習的方式

「義人就算跌倒七次，也必重新站立。」  
箴言 24:16 (新普及譯本)

「你會察看我的腳步，但你不數點我的失腳。」

約伯記 14:16 (現代中文譯本/意譯)

### 8. 每天踏出

「我每一步都朝着目標奔跑。我不是向空氣揮拳。」

哥林多前書 9:26 (新普及譯本)

「無論做甚麼，或說話或行事，都要奉主耶穌的名，藉著每一步感謝父神。」

歌羅西書 3:17 (和合本/意譯)

「我們若靠聖靈得生，就應該依循聖靈的引導行事。」

加拉太書 5:25 (新漢語譯本)

「神察看我的道路，數算我的每一步。」

約伯記 31:4 (新譯本/意譯)

1. 向着我的目標前進 2. 每天為它們祈禱 3. 清晰可見 4. 步驟

5. 為甚麼我還沒擁有？ 6. 以階梯畫出 7. 與我同行 8. 失腳 9. 一小步