

Decrees for Sovereignty and removal of unwanted energies.

Manual by Caroline Healey



It's important to remember in order to fully heal your physical body you must first heal your Etheric, Emotional and Mental bodies, as this is where all dis- ease originates. The following are all unwanted energies we need to look out for:

Astral Entities can be brought through from past lives, or they can become attached during our childhood if our parents were emotionally or mentally unwell, angry or had addictions. This energy can attach to our energy and cause behavioural patterns through the form of negative elementals that mimic our parents and ancestors' patterns. We might also see possession from astral entities that have lost connection with their own source. These can become attached to us in order to feed from our energy to stay alive. This type of entity feeds on drama, anger, fear- based emotions, alcohol, pharmaceutical / recreation drugs and chemical tobacco. These beings tend to hang out in most public places where they can get a good feed from a host, particularly pubs, betting shops, smoking areas and even ceremonies where plant medicine is being used without respect or reverence. We also need to consider the removal of etheric toxic debris from our organs, physical body and etheric body. These can be found in the form of etheric darts, needles, and bullets. These can be from past lives but also this life if we have suffered a psychic attack from another person us or if someone projects anger on to us. Negative imprints also need to be cleared. These are usually carried forward from past lives where we have lived through war and persecution. These imprints in our etheric body are usually in the form of a sword, knife, arrow, or bullet wound. Extra-terrestrials that are not of the light can use implants or control boxes on us for several

Reasons; - they can drain and take our energy whilst we sleep, - they use them track humanities movements, - to gather information, - to control and block us from the light and our Ascension process.

A Decree is the most powerful command to the Universe; repeat each one 3 times as required for spiritual first aid..

Decree to release negativity

In the name of the one original God source in alignment with the law of one, I now decree that all alien implants, negative entities, negative elementals, negative Imprints, etheric mucus, curses, black magic, negative clouds and thought forms, from this Universe or any other, from this life or any other, be released now from all levels of my physical, etheric, emotional, mental and spiritual bodies. "So be it" or "it is done.

Decree to release the negative Matrices

In the name of the one original God source in alignment with the law of one, I now decree that all negative matrices and false time lines are now removed collapsed and deactivated from all levels, from my physical, etheric, emotional, mental and spiritual bodies, and from my divine blueprint matrix. "So be it" or "it is done.". Decree to release implants and control boxes In the name of the one original God source in alignment with the law of one, I now decree that all alien implants, archon Implants, reptilian

Implants, Atlantean control boxes, negative Atlantean crystals and tracker beams from this Universe or any other, from this life or any other, be released now from all levels, from my physical, etheric, emotional, mental and spiritual bodies, "So be it" or "it is done."

Decree to release negative contracts

In the name of the one original God source in alignment with the law of one, I now decree, "I break all agreements, contracts and vows, both conscious and unconscious, that I have made, anyone in my body has made, or any one in my genetic lineage has made, with any astral entities, thought forms, demons, dark forces, elementals or aliens," I ask they be released now from all levels, from my physical, etheric, emotional, mental & spiritual bodies, "So be it" or "it is done."

Decree to release vows of Poverty

In the name of the one original God source in alignment with the law of one, I now decree I break and release all agreements, contracts, or vows, both conscious and unconscious, that I have made, anyone in my body has made, or any one in my genetic family lineage has made, which are connected to religious groups, lack, limitation, chastity, poverty and obedience, I ask that all collective karma is released in all dimensions, separate realities and all time and space. "So be it" or "it is done."

Decree to release past persecutions

I decree in the name of the one original God source in alignment with the law of one to release and heal any physical, emotional, mental or spiritual trauma that has wounded my Inner child or Soul, my Soul group or Monad group due to persecution. I ask that any energy, power or particles of my soul, connected to this, be purified and returned, to me now, for my highest good under grace. Thank you, thank you, thank you. "So be it" or "it is done."

Decree to recall all sovereign energies and release and close all portals in the negative matrices.

I decree in the name of the one original God source in alignment with the law of one that all of my personal soul essence, DNA, light codes and light filaments and any of my original divine blueprints be removed from all false light grids, all inorganic timelines and matrices. I command that all records in any Matrix that is not in alignment and correct flow with the law of one be removed and returned to original God source for reorienting and redistribution