

What is Your Ideal Scene for Your Retreat? Describe it in the present tense with as much detail as possible. When Finished, write at the bottom, "This, or something better, now manifests for me and my clients in totally satisfying and harmonious ways, for the highest good for all concerned"

Run Rich Retreats

MENTORSHIP EXPERIENCE WORKSHEET

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Create Your Retreat Mood Board:

Create a Pinterest board for your retreat based on the visualization practice of your ideal scene. Include your brand colors, pictures of an ideal location, space, food, experiences, etc. Here's an example of mine:



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How many people do you see in this space?

What do you imagine the flow (itinerary) to be?