

security safe
diligent
think assert
challenge
cause discern
solve defend
question
protect
defy
doubt plan
loyal
fight

**"I'm fearless
not afraid."**

STRESS POINT
3

SECURE POINT
9

MIND | FEAR | SEPARATION | SECURE

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TYPE CP6 ENNEAGRAM

Enlighten + Explore + Empower

MASTER COACHING PROCESS

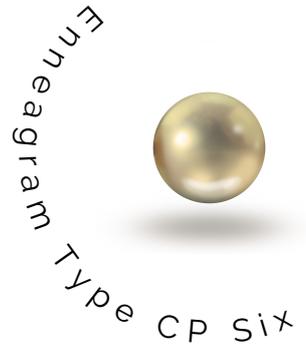
WORKSHEET



NAME _____ DATE _____

0 = Overall I don't relate to this at all.
10 = Overall I relate to this strongly. No need to be exact.

My insights and impressions:



TYPE CP6 SELF-AWARENESS PQF

/10

I relate to the words on the Enneagram Infographic.
I see myself in the feeling of the Ennea cartoon.
I can identify with the BE... NOT... statement.

/10

I don't trust people and am forced to look after myself.
I worry and think a lot because I plan for the worst. I think I may be an 8, but I don't take revenge, and compassion is natural.

/10

Integrity, honesty, fairness and justice are very important to me.
I challenge power and authority.

/10

I openly and directly question a lot. It's difficult to know the safest thing to do, so I gather information and demand answers. I'm right to challenge people in power and demand transparency.

/10

My body posture shows my directness. I try to show myself and others that I'm not afraid. I try to be strong. I sometimes make 'us' and 'them' camps seeking to protect the underdogs.

/10

When I feel low, I attack and question.
When I feel good, I trust myself knowing, slow down peacefully and become less defensive.

/10

Look at the voices below. How strongly do you relate to the tone and posture of these voices?

We can cancel you.
 I protect the underdogs.
 Can I trust you?
 So much could go wrong.
 I can take on an 8.
 I will give you feedback.
 Life's not fair.
 I'm not afraid... am I?
 I want to champion a cause.
 I can be with you and against you.