



Hacking Time + Productivity: Unit Nine - Mindset Mantras

PLEASE LISTEN TO THE AUDIO!

1. MINDSET MINES

Use these when you get stuck!

- a. Mantras to use when the most common pitfalls hit:
 - i. **PERFECTION:** While I sit here and obsess, someone who isn't obsessing is doing it imperfectly, and making money
 - ii. **NOT GOOD ENOUGH:** All I need to do is know just a little bit more than the person I am helping
 - iii. **RISK:** Success favors the bold and speedy. All the wealthy accomplished people in the world take risks and do it quickly and when opportunity strikes.
 - iv. **HARD MOMENTS:** I can face this head on - TODAY - while it's a small little seedling. Or, I can procrastinate and try to face it once it's grown into a full blown tree and I need a bulldozer to get it down.
 - v. **SQUIRREL SYNDROME:** I am most likely procrastinating because I'm more comfortable with the dream - than I am of action, and I'm just afraid of failing.
 - vi. **FEAR OF FAILURE:** Failure will actually TEACH me how to be successful faster. So the faster I fail, the faster I will succeed.