

Self Care IS Health Care



Scavenger Hunt

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This can be done as a competition with friends or solo. Take pictures or bring back specific items. If doing this in teams playing against each other you get one point for all items collected. If your doing this as a fun solo mission you can take pictures and create a small scavenger hunt scrapbook/journal. Keep track of your adventures for fun.

- 1) _____ *Someone with balloons*
- 2) _____ *A piece of sculpture art*
- 3) _____ *An interesting and rare road sign*
- 4) _____ *An old building*
- 5) _____ *A relaxing place*
- 6) _____ *Something funny*
- 7) _____ *A BIG tree*
- 8) _____ *A body of water*
- 9) _____ *A selfie with a stranger*
- 10) _____ *Ride a carousel*
- 11) _____ *Offer to pump a strangers gas, bring back the receipt*
- 12) _____ *Ask a stranger if they believe in destiny, write down the answer*
- 13) _____ *Squirrels harvesting nuts before winter*
- 14) _____ *Take a selfie with a strangers dog*
- 15) _____ *Something really weird*



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- 16) _____ *A heads-up penny*
- 17) _____ *Get a stranger to hand you money*
- 18) _____ *Help an elderly person to their car*
- 19) _____ *Take a selfie with a person that has dreads*
- 20) _____ *A business card from a stranger*
- 21) _____ *Get someone to serenade you*
- 22) _____ *Take a selfie with a clown*
- 23) _____ *Get a T-shirt signed by strangers*
- 24) _____ *Pick up a flyaway shopping bag*
- 25) _____ *A lost bank deposit slip*
- 26) _____ *A bus schedule*
- 27) _____ *A disposable coffee cup with company logo signed by an employee*
- 28) _____ *5 ketchup packets, each from a different restaurant*
- 29) _____ *A flower growing through a crack in the cement*
- 30) _____ *A restaurant napkin with a logo*
- 31) _____ *\$.50 found on the ground*
- 32) _____ *A takeout menu from a Chinese restaurant*
- 33) _____ *A spiral staircase*

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- 34) _____ *Another countries flag*
- 35) _____ *Graffiti in a bathroom*
- 36) _____ *A phone booth*
- 37) _____ *A dog peeing on a fire hydrant*
- 38) _____ *A fortune cookie*
- 39) _____ *A historical marker*
- 40) _____ *Interesting yard art*
- 41) _____ *A matchbook from a local bar*
- 42) _____ *Different colored condoms*
- 43) _____ *A coupon from ay store*
- 44) _____ *Guerilla art*
- 45) _____ *Take a selfie with a for sale sign*
- 46) _____ *An advertisement in cartoon format*
- 47) _____ *A wishing well or fountain*
- 48) _____ *A mannequin wearing something blue*
- 49) _____ *A port-o-potty*
- 50) _____ *A license plate with a name on it*