



# THE COMPLETE SPAGYRIC TINCTURING PROCESS

1. CHOOSE YOUR MERCURY. ORGANIC OR BIODYNAMIC (OR SELF-MADE INDIGENOUS) SPIRITS ARE PREFERRED
2. USE THE MERCURY AND POUR OVER THE TOP OF THE HERBS IN CLEAN GLASS, PORCELAIN, OR CERAMIC.
  - A. TRADITIONAL METHOD BRUISES OR GRINDS HERBS FIRST IN MORTAR & PESTLE
  - B. JUICER, FOOD PROCESSOR, OR BLENDER CAN BE USED TO BREAK DOWN THE MATERIAL FINELY
  - C. TRADITIONAL SPAGYRIA LEAVES TO SET FROM WAXING PHASE TO WANING PHASE (OR ● - ●)
  - D. ALWAYS COVER AIR-TIGHT, HERMETICALLY SEAL & IDEALLY MACERATE AT 105°F OR 40°C
3. ONCE FULLY MACERATED, FILTER. WE USE A VACUUM FILTER AND 20-2 MICRON FILTER PAPERS
4. KEEP TINCTURE SEALED IN CLEAN GLASS. TAKE SPENT BIOMASS & PREPARE MATERIALS FOR CALCINATION.
5. INCINERATE & CALCINE THE SPENT BIOMASS TO AS WHITE AN ASH AS POSSIBLE.
6. LEACH MINERALS FROM WHITENED ASH BY DISSOLVING IN BOILING DISTILLED WATER.
7. FILTER ASH FROM DISSOLVED MINERAL WATER
8. ALLOW DISSOLVED MINERAL WATER TO EVAPORATE TO CREATE CRUDE MINERAL MATRIX
9. SCRAPE MINERAL MATRIX OFF EVAPORATION DISH. CALCINE CRUDE MATRIX THOROUGHLY
10. REPEAT STEPS 6-9 UNTIL PURE WHITE MINERAL IS OBTAINED. REFERRED TO AS SOLVE ET COAGULA
11. SUPER-SATURATE DISTILLED WATER WITH PURIFIED MINERAL MATRIX & CRYSTALLIZE.
12. RECOMBINE PURIFIED MINERAL MATRIX AND TINCTURE AND INCUBATE AT 40°C.
13. PERFORM FINAL FILTRATION TO REMOVE ANY UNDISSOLVED MINERALS. BOTTLE & LABEL CLEARLY