

"Clothes Treasure hunt"

What's this all about?

This idea supports children's developing independence with getting dressed and it adds some fun to this mundane morning task. Children will be at all different stages with being able to dress themselves so getting them thinking about what clothes they need is a great way to engage them in the understanding what to put on first and how to do it.

What do we need?

Your child and their clothes. You can play too if you like - your child could hide your clothes!

How long will it take?

- 2 minutes to set up and between 5-15 minutes to play.

What do we do?

- You hide your child's clothes around their room. Start with places that they can see easily like hanging a top on a door handle or some socks poking out from under the bed, and make it harder the more you play.
- Tell your child what you have hidden, how many objects and maybe what those are and what colours.
- Let your child find all of the clothes, make it a race or timer them if they enjoy a challenge.
- When they have found the clothes you can talk about the order to put them on and see if your child can put some on by themselves.

