

DEVELOPMENT CONTRACT: ONLINE ECOACHING

Name:

My Development Area

The specific area I want to develop:

My Objective

My broad objective / what I would like to achieve:

My Milestones

My milestones/ specific targets by which I will measure my improvements:

My Problems

Possible barriers, resistance etc.
I my encounter

My Solutions

My solutions to avoid or deal with
these problems

My Activities

My list of sequenced steps to bring about the desired change:	Time required:	By when:

My Resources Requirements

<p>People, time, materials, equipment, money etc. I will need:</p>
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My Benefits

<p>This is the added value I will achieve:</p>
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Our Commitment

We agree to make the commitment of time and money needed to carry out this Action Plan. We further agree to meet at the times noted below to review progress towards the achievement of my milestones and objectives. This plan will be modified as may be needed.

Signed:
.....

Dated:
.....

Progress Reviews	Date:	Time: