



TUTORIAL SUMMARY & SUBMISSION INFO

The document is to provide you with all you need to know to submit your tutorial and bonus content activities for CMTE/CPD credit. If you wish you may submit this doc with your bonus content activities.

Tutorial outline

Overview

1. Introduction, overview and learning outcomes
2. Theoretical influences: What is known about challenges for families who have experienced interpersonal trauma?
3. Therapeutic frameworks: What words therapeutically for families who have experienced interpersonal trauma?
4. A theoretical model: What are the mechanisms of change for families who have experienced interpersonal trauma?
5. Assessing parent-adolescent conflict: Using music to assess nonverbal communication
6. Tuning relationships with music program: Core tasks, session outline and evidence-base
7. Summary & Bonus Content

Learning Objectives

1. Understand effects of interpersonal trauma on adults and children, and on parenting/relationships, and theories that inform this knowledge.
2. Learn what theoretical frameworks are currently used to help traumatised people with their relationships, and how music can help.
3. Learn about a music therapy assessment tool for measuring parent-child conflict in traumatised families.
4. Learn about an evidence-based music therapy intervention designed to help parents and children affected by past trauma improve their parenting/relationships.

Tutorial Summary

This tutorial is an evidence-based discussion of the impact of parent-adolescent conflict in families where the parent has experienced interpersonal abuse & neglect. The impact on this early abuse by someone close to the (now) parent has many negative effects on their current day parenting and attachment with their children. Dr Colegrove looks at traditional approaches to trauma recovery and illustrates how various cognitive and sensory treatment protocols work to help the parent resolve their early trauma. As well as discussing common trauma approaches Dr Colegrove presents her treatment program titled 'Tuning relationships to Music'. This systemic and evidence-based program explores the use of both cognitive and sensory aspects of trauma therapy and combines them with improvisational models. Through music improvisation parents and adolescents are encouraged to reflect on how they respond non verbally to the other, and how they may move forward with calm and respectful communication. The tutorial includes definitions of interpersonal trauma and the impact on families, limitations to traditional trauma therapy models and proposes a new program model which integrates psycho-education, emotion coaching and music as a vehicle to teach non verbal communication skills.

Submission for CMTE/CPD Credit

On completion of your online tutorial you will automatically receive a certificate of completion to verify you have completed your tutorial. You can submit this to your CBMT/CPD organization as a professional development activity. For MT-BC's in the US and Canada you can submit your certificate in the non-approved self-study category.

Bonus Content Activities

WORKBOOK

If you have completed the reflection workbook as a bonus content activity then you can send it to jacinta@musictherapyonline.org for verification. Once your submission has been verified you will be emailed a certificate of completion for the workbook for 1 CMTE/CPD credit.

ARTICLE REVIEW

If you have completed an article review as a bonus content activity then you may be able to submit this directly to your CMTE/CPD organization for 1 CMTE/CPD credit per review. If you require a certificate of completion then please forward your completed review to jacinta@musictherapyonline.org to receive your completion certificate. You can then submit this to your local CBMT/CPD organisation.

SUPERVISION

If you have completed 1:1 supervision as a bonus content activity then you can ask Dr Colegrove to provide you with written confirmation of your session/s. You may then submit this to your local CPD/CMTE organisation according to the appropriate guidelines.

CBMT Domains

For music therapists from the US & Canada this tutorial can be submitted as a non-approved self-study option and covers the following CBMT Board Certified Domains:

I REFERRAL, ASSESSMENT, AND TREATMENT PLANNING

B Assessment - 1. 3d. 4 b. J. k. 7. 8. 9. 12. 13a. d.

C Interpret Assessment Information & Communicate results - 3.

D Treatment Planning - 2a. B. 4. 7. 9. 10. 11. 15. 16.

II TREATMENT IMPLEMENTATION AND TERMINATION

A Implementation

1. B. d. E. h.

2. a. b. c. g. H. i. k. l. m. q. S. v. x. y. aa. ac. ag. ah. aj. an.. ao.. aq. as. at. au. ax. . ba.

4. f. h. i.

5. a. g. m. r. t.. v.

III ONGOING DOCUMENTATION AND EVALUATION OF TREATMENT

A Documentation - 2.

B Evaluation - 1. 11.

IV PROFESSIONAL DEVELOPMENT AND RESPONSIBILITIES

A Professional Development - 2. 3. 6.

THANK YOU!

Thanks very much for purchasing a music therapy online tutorial. I hope you've enjoyed your MTO experience and feel you have learnt something new and exciting! Best of luck on your learning journey and please get in touch if you have any suggestions or feedback. x Jacinta