

SACRED STORY YOUTH



FOURTH GRADE

MY MEDITATION RESPONSE BOOK

Illustration by Léopold Marboeuf

SACRED STORY PRESS

1401 E Jefferson St., STE 405

Seattle, WA 981222



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We are also exceedingly pleased to be reintroducing back to the world the extraordinary art of Léopold Marboeuf (1916-2006) in the *My Sacred Story Missal* and the *Sacred Story Youth Meditation Response Logs*. Printing of the Missal and images was granted by Templegate Publishers, Springfield, Illinois.



Dedicated to Our Lady of the Way

Dear Friend of Christ Jesus:

This is your personal Sacred Story Youth learning log. You are invited to listen to the daily meditations. The SACRED STORY YOUTH meditation quiets your mind so you can hear the voice of God in your heart.

After listening you can write or draw what you thought about during your meditation time. Find a safe and sacred place to keep this learning log.

Remember to review each week what you write so you can begin to “see” how the different spirits are at work in your life. The more you review, the more you will learn about God, yourself and what will lead you to happiness and peace.

Sincerely,

Fr. Bill Watson, S.J.

President, President/Founder
Sacred Story Institute

DIRECTIONS

1. Listen to daily meditation.
2. After listening to the daily meditation take one minute to draw or write a response to a Consolation and Desolation from the day's meditation. Let your heart write for you...it doesn't have to be perfect, but rather your meditations should reflect who you are and what you feel.

Last year and the year before, you were asked to write what made you happy or sad. Now you are old enough to understand that what makes you happy and sad are spiritual realities we call consolation and desolation.

Consolations are spiritual movements or events that increase your joy, hope, and faith.

Desolations are spiritual movements or events that decrease your joy, hope and faith.

You are a spiritual being and God gave you spiritual radar to sense what is good and bad for you by listening to these consolations and desolations. Simple!

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Write or draw about a time that I felt truly free and joyful because I was alive and loved - not because of "things" I possessed or did not possess.

Write or draw about a time that I felt truly unfree and unhappy because I had linked my self-worth to "things" I possessed or did not possess.



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Sacred Story Institute

Ignatian Spirituality for Third Millennium Evangelization

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sacredstory.net