



ACCOUNTABILITY PARTNERS/ACCOUNTABILITY PODS (APs)

Have you ever had a business bestie? Would you like to be a part of a small (2-4 coaches) accountability group (also referred to as a pod) for this Workshops Done Immersion Program?



An AP is someone who will happily swap bios and presentations to help catch typos and give feedback. An AP is someone who speaks your language and has YOUR workshop dates on their calendar and their own.

Receive and offer support and guidance to each other on assignments with each module. APs are also reminding you that you are enough and that you're doing AMAAAZING!

Being in an accountability pod can dramatically decrease the time it takes to reach your GOAL of giving workshops successfully! Being a health coach as a solo entrepreneur can be lonely and there is no reason to go at it alone.

The Workshops Done Program helps you stay on track with your most important "to-dos" with the live group calls and being in an AP Pod is another level to help with accountability.

If you decide you want to have an AP, go to our members-only Facebook Group, and find the thread to post your availability. Reach out to one to three other coaches to be an accountability partner or form an accountability pod. I suggest a pod of three and to meet once per week for 30 minutes via Zoom. The key is to meet consistently. I recommend finding a set weekly date and time on your calendar. Most people meet with their APs long after completing the WD Immersion Course, so talk about what works for your pod.

Workshops Done can be done as an immersion course as a group or it can also be self-paced to work with any schedule. We may need to practice self-compassion and compassion for our APs at the pace of getting the assignments complete that work for them. Setting new deadlines is okay, but I challenge all of you to keep the groups' schedule. You will thank yourself at the end of the program!

There may be times that you will put on your coaching hat and ask your APs open-ended questions as to WHY they signed up and WHAT are the real roadblocks holding them back. It does not matter how fast someone goes through this program, but it is essential to have a plan and be accountable. Baby steps or giant leaps, we are all

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moving forward. Together we can do anything! Breathe, you have lifetime access to the course and the materials, so it works for everyone.

Discuss the questions below with your APs.

Exchange all contact information with your APs. Support each other by liking each other's Facebook pages and other social media accounts. Decide how you will share information (Email, Facebook Messenger, Google Docs, etc.).

Ask your APs WHY they signed up for Workshops Done and what their intentions are for taking this course. Ask them how you can best support them during this program. Tell them how they can best support you as well.

How will you and your APs meet?

(Phone, Text, Video/Zoom Meetings (can screen share), Email, Facebook Messenger, Facebook Posts, Facebook Group/Rooms, Google Docs, Drop Box etc.)

What are the dates you and your APs will meet? Mark your calendar for these dates to connect and discuss your homework assignments. I recommend setting a weekly time to meet. For example, every Friday from 12-12:30 EST via Zoom. At each meeting, review goals and discuss where you are in the Workshops Done Program.

1. _____ (Between Module 1 and 2)
2. _____ (Between Module 2 and 3)
3. _____ (Between Module 3 and 4)
4. _____ (7-10 days after Module 4)

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Use an accountability meeting agenda to keep you on track during your meetings. Review the checklist, located in the pre-module to see where everyone is with the course work.

Ask your APs, what is the obvious next step they need to take this week to get one step closer to presenting successful workshops.

The next week, follow up and ask if they got it done. If your AP didn't get "homework" done, talk about their challenges and how they will overcome these challenges to move forward to give workshops.

QUESTIONS?

Post in our Member-Only Facebook group at <https://www.facebook.com/groups/workshopsdone/>, and I will get right back to you.

To Access the Workshops Done Course, please go to <https://courses.workshopsdone.com/>

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