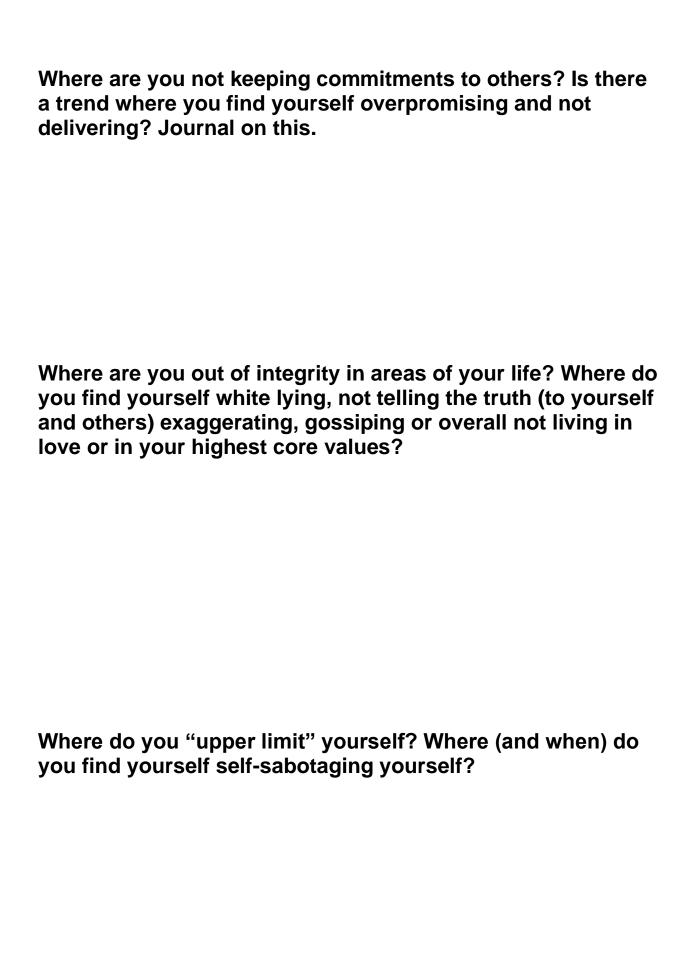


Where are you not keeping promises to yourself? What do you keep recommitting to that you never seem to follow through on?

Are these YOUR desires, or something that you've seen others do which sound fun but aren't really in alignment with your soul?



You'll never know if you don't try. What are 3 things you can recommit to this week that will get you closer to your desires and what your soul is calling you to?