

# 5 SPACES OF LISTENING

## PROTOCOL

**A = Patient**

**B= Therapist**

**C= Supervisor**

**A talks about a real problem for 10 minutes**

**B listens and questions as he usually does as a therapist for 10 minutes**

**C out checkmarks in the columns each time B does something (Welcome – Investigation – Reformulation – Advice – Interpretation)**

**After 10 minutes, C shows to B the columns where B goes often and where he goes very little (2 minutes)**

**B starts again the interview with A taking into account the observations from C**

**It's like an assessment of B's preoccupations, bearings, excesses and insufficiencies in order to become aware and improve.**