

Week 1	Week 2
What you can expect from this course	Global Maternity Guidelines
Doula Documents	South African Maternity Guidelines
The Doula	
Anatomy & Terminology	
Week 3	Week 4
Antenatal Support	Termination of pregnancy
Week 5	week 6
Birth and beyond	Assisting labor & delivery
Week 7	week 8
Debriefing & trauma release	Medical Aids
Unexpected Birth outcomes	
week 9	week 10
The Postpartum Period	Breastfeeding & the microbiome
	Other types of feeding
week 11	week 12
Everythin gnew after being born - newborn	Infant Hydrotherapy

Week 13	Week 14
Vaccines & meds	Contraceptives

Course Layout 2020

